

# The Union Avenue News

[www.federatedff.org](http://www.federatedff.org)

[church@federatedff.org](mailto:church@federatedff.org)

October 2014

## *You Are Not Alone*

Suicide and Depression Event for teens and adults

Wednesday, October 8th, 2014

6-8PM at MState Legacy Hall

**6-7pm** High schoolers from the Stephanie Goetz Foundation Student Board will present "Imagine Thriving". Teens will learn from peers about mental health and ending the stigma of mental illness.

**7-8pm** Panel discussion with educators, clergy, First Responders, veterans agencies, and mental health providers. They'll open their tool boxes to communicate how to recognize potential crises, work with community agencies, and promote health & wellness.

**Free** "You Are Not Alone" toolkit for each attendee

**Event is free and open to the public.**

**Contact Connie for more info—218-736-7166 or [connieseltz@aol.com](mailto:connieseltz@aol.com)**

## **Consecration Sunday**

October 19, 2014

One Worship service—10AM Brunch—11AM

To "consecrate" something means to declare it sacred or holy. It can also mean to set something aside for a special purpose. This year our stewardship campaign is about consecrating our lives and our resources to the service of God. So we are setting aside Sunday, October 19, 2014 as the day to rededicate ourselves to God's holy calling.

We will have one worship service that morning (10AM), followed by a congregational brunch (11AM). Designated Executive Presbyter Rick Carus from the Presbytery of MN Valleys will be our guest preacher that day; he will speak to us about being good and faithful stewards in God's kingdom.

This is a different kind of stewardship campaign, designed to foster discipleship, not just reach a financial goal. We will not be sending you a pledge card; instead we will provide an Estimate of Giving card at the service on October 19<sup>th</sup>. We will be asking each household to make an increase in their pledge as a sign of their discipleship and their renewed commitment to God's missions and ministries at The Federated Church.

Your participation is critical. We pray that you will join us on October 19<sup>th</sup> as we celebrate our past and commend ourselves to God's future.

## **Leadership Dinner**

October 14, 2014

5:00pm

All committee members, those involved in a music ministry, and all staff are invited, along with their significant other, to attend a special dinner on Tuesday, Oct. 14<sup>th</sup> in the fellowship hall. The Rev. Dr. C. Edward Morgan will share a brief message regarding the spiritual—growth dimensions of stewardship in preparation for our Consecration Sunday. You will receive a letter in early October with more information. Please RSVP to the church office by October 10<sup>th</sup>.

## **The Federated Church**

### **Fall Pie Festival**

Sunday, October 26<sup>th</sup>

10:00 A.M. - Fellowship Hour

Enjoy a piece of your favorite pie during fellowship hour, between services.

Last year, our Fall Pie Festival was a wonderful success! Thanks to those of you who volunteered to bring delicious pies! We need your help again this year. To have enough pies to share at coffee hour, we need pies. If you can bring a pie or two, put your name on one of the signup sheets in the fellowship hall. Let us know what kind of pie(s) you think you will be bringing and how many. Please bring them to the kitchen by 9:30 on Sunday, October 26<sup>th</sup>. Thank you for helping to make this a fun, social event.

Federated Church  
224 N. Union Ave.  
Fergus Falls, MN 56537

ADDRESS SERVICE REQUESTED

Non-Profit Organization  
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Fergus Falls, MN 56537

Time Sensitive  
Information  
Please deliver by  
Sept. 30th

#### Worship Schedule Starting Sept. 14th

9:00am Contemporary Worship  
9:45am Education Hour  
10:00am Coffee Hour  
11:00am Traditional Worship

#### First Sundays of the Month

*Communion* served at each service.

*Blood Pressure clinics* held during the Fellowship hour by the Parish nurse.

*Know your Neighbor Sunday* Name tags distributed before each service.

*First Sundays with Pastor Doug.* From October to May, Join Pastor Doug the first Sunday of each month for an in depth look at some exciting and eclectic topics.

#### Ministry Nite

Committees meet the 2<sup>nd</sup> Tuesday of the month at 6:30pm.

**Reminder: Committees do not meet in July**

#### Other Meetings

*Deacons & Elders* meet the third Thursday of the month at 6:30pm.

*Stephen Ministry* meets the first Tuesday of the month at 5:30pm.

Call the Church office if  
you have any questions!  
218-739-3227



Growing together in God's love...  
From generation to generation.

Come as you are...  
Visitors expected

The Federated Church is  
a joint ministry of  
The Presbyterian Church (USA)  
and  
The United Church of Christ



Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." Mark 10:21

Jesus' challenge to the rich ruler to give up all possessions has always been terrifying – because I'm rich. Not Warren Buffett rich, or Oprah Winfrey rich, but rich enough. I have an education, a job, a house, a mostly reliable car, food... enough. More than enough.

So, years ago when this was the Bible passage read in church, I worried about what our minister might say. After pointing out that Jesus would not be likely to ask the same thing of everyone, he went on to suggest an approach to faithfully deal with possessions.

Step 1: Go through your possessions, identify your excess, and give it away.

Step 2: Learn to distinguish "needs" from "wants" lest you reacquire an excess.

Step 3: For those possessions you've kept, find ways to share them. (There's joy in that adventure!)

Step 4: Then, Come, follow me. It takes discipline to live a simpler lifestyle. I certainly have lapses, but the rewards are great. And I was finally freed to see what I had overlooked while fixated on my stuff...the amazing invitation: *"then come, follow me."*

Our stewardship focus this year is on deepening our discipleship walk with Jesus. I invite you to make a renewed commitment as a disciple of Jesus Christ by making a significant commitment to support the programs and ministries of our congregation. With your help, we can continue to be an important and effective witness to Jesus Christ in the Fergus Falls community.

Grace and peace,  
Pastor Doug

### **A note from the Loomers**

To our congregation and prayer warriors,

I have been thinking about how the Lord has been at work in Michelle's and my life since last December. He has been there every step of the way, carrying us most of the time and certainly walking beside us when not being carried.

I do not believe God causes cancer for any reason, such as a punishment for sins. I believe this is a spiritual battle between God and the devil. The devil will employ any method to lead us from our Lord. I know the devil wants me to blame God for this, but I know this is farthest from the Truth I could get. Instead we will continue to praise, worship, and love our Lord totally! Even on the difficult days that will come along. This can be said of any affliction that might come into any one of our lives, whatever that might be.

This cancer has caused me to grow closer to God from day one. We have not had any other thought than He will get us through this with His healing. We will continue to have the simple faith as children have.

We wanted to put into writing our thankfulness for all of you and all others who have been praying for Michelle and myself constantly since the beginning of this journey. We can't begin to express how much this has helped us along. This is absolute proof of how much prayer does work!

There is so much more to be said and thanks to be given; we will continue later at the risk of getting too lengthy here. But to bring you all up to date, we began another round of chemo Sept. 22. The cancer has become active in the liver and bones, but not the lungs (thankfully). The previous regimen caused the cancer to become inactive in June, so we will pray for the same results this time around. So specific prayer would be for similar results, but also to defeat it this time so no more may return, Lord willing. God is good.

Praise to our Lord and Savior,  
Mike and Michelle



**Doug Snaza. Director of Christian Education**

## Jr/Sr High

On October 1st, the youth group will be volunteering at The Federated Church, helping to plant raised garden beds behind the building. As always, volunteering will be followed by ice cream.

September was a great start to youth group! We've been talking about trust and worry on Wednesday nights, in addition to playing a few games of Psychiatrist and experimenting with different smoothie flavors. We're looking forward to a great year!

The Mud Run, hosted by local churches at the Viking Challenge site, was a huge success! Over 100 youth from various churches ran the course and everyone had a great time!

### October Events:

**1st—3:30pm** Jr High Youth Group & Confirmation  
6:30pm 9th Grade Confirmation  
7:30pm Youth Group volunteering & ice cream  
**8th—3:30pm** Jr High Youth Group & Confirmation  
6:30pm 9th Grade Confirmation  
7:30pm Sr High Youth Group  
**15th—No youth events—MEA weekend**  
**22nd—3:30pm** Jr High Youth Group & Confirmation  
**& 29th 6:30pm** 9th Grade Confirmation  
7:30pm Sr High Youth Group

### Confirmation

**Pastors Doug Dent & Karen Anderson-Dent**

The Confirmation Retreat Sept. 19th-21st was a great chance for many of the students to get to know one another better. Students heard about the tongue, and how it is small, but powerful. They were encouraged to use their tongue for good—to spread good words and God's love, rather than harm one another with biting words and a harsh tone.

Confirmation classes begin October 1<sup>st</sup>! 7<sup>th</sup> and 8<sup>th</sup> grades meet right from school (3:30 – 5:30 PM). 9<sup>th</sup> grade meets from 6:30-7:30 PM.

**Teachers:** Connie Seltz and Doug Dent (7<sup>th</sup> Grade). Jim Womer and Karen Anderson-Dent (8<sup>th</sup> Grade). Erika Mariotti, Maren Hatling, Jordan Schiefert and Doug Dent (9<sup>th</sup> Grade).

**Confirmation**

## KIDS

### Sunday School

We are still in need of nursery attendants for Sunday mornings (8:30am—noon), Ministry Nite, and special services. In the meantime, we are asking for volunteers to help in the nursery on Sundays. The sign up sheet is next to the nursery door. If no one is signed up for a particular day, the nursery will be open, but we ask parents to stay with their children.

### October Events:

**1st, 8th,**  
**22nd, 29th —3:30pm** Kids Club  
5:30pm Dinner  
**15th—No Kids Club (MEA weekend)**

### Kids Club

Kids Club is in full swing! It's great having all the energy back in the building on Wednesday afternoons. Kids have been watching *The Lego Movie* and talking about how we treat our friends and people who are different from us.

**There will be no Kids Club on October 15<sup>th</sup> for MEA.**

We are grateful to have so many wonderful volunteers on Wednesday afternoons! Whether you're providing snack or dinner, leading crafts or games, being a group shepherd, running music—whatever it may be—we couldn't do it without you! You are appreciated!





## Worship at The Federated Church

October 5, 2014 9 AM and 11 AM World Communion Sunday	"Hilarious Giving" Giving <u>can</u> bring joy! 2 Corinthians 9:6-15	The Rev. Douglas Dent
October 12, 2014 9 AM and 11 AM	A Stewardship Skit Jesus demands our whole life and self!	The Deacons & Elders
October 19, 2014 10 AM Consecration Sunday	"Extravagant Generosity" 2 Corinthians 8	The Rev. Rick Carus
October 26, 2014 9 AM and 11 AM Reformation Sunday	"NOAH: One Person Can Make a Difference" Series: "Running with Giants: OT Heroes on Life and Leadership"	The Rev. Douglas Dent
November 2, 2014 9 AM and 11 AM All Saints' Sunday	"ESTHER: God Has a Place for You" Series: "Running with Giants: OT Heroes on Life and Leadership"	The Rev. Douglas Dent

Special Sundays! One Sunday each month we will worship together at 10AM and celebrate a special event in the life of our faith family. Please mark your calendars – you won't want to miss this!

October 19 <sup>th</sup>	Consecration Sunday	Brunch following worship
November 9 <sup>th</sup>	Mission Dinner	Brunch following worship
December 28 <sup>th</sup>	Christmas Sunday	Coffee hour following worship
January 25 <sup>th</sup>	Annual Meeting of the Congregation	Brunch following worship
February 22 <sup>nd</sup>	Confirmation Sunday	Reception following worship
March 29 <sup>th</sup>	Palm Sunday	Coffee hour following worship
April 26 <sup>th</sup>	Senior Brunch	Brunch following worship
May 17 <sup>th</sup>	Ice Cream Social	Sundaes following worship

### October is Pastor Appreciation Month!

We are blessed to have Pastor Doug at The Federated Church! Let's show him how much we appreciate him. Everyone is encouraged to bring a can of Coke to the 9am or 11am worship service on Sunday, October 5th as a token of our appreciation. There will be a table in the narthex to hold all the Coke, along with a bag and note cards to write a note of encouragement for Pastor Doug.



### Newsletter Deadline

Articles and announcements for the monthly newsletter are due on the 15<sup>th</sup> of each month. Please send them in electronic form (email) whenever possible. The church staff reserves the right to edit articles for content and space.

### October Service Group (Group #7)

Mike and Amy Donoho  
Joel Enderson  
Jean Giles  
Walter and Bonnie Gondrez  
Karen Hauck  
Loran Johnson  
Craig and Rebecca Jorgensen  
William and Peg Kalar  
Patty Lindholm  
Mike and Michelle Loomer  
Yvonne Marts  
Ed and Ingrid Morgan  
Gary and Karen Orcutt  
Ross and Marianne Stone  
Shannon Wilson

### November Service Group (Group #8)

Virginia Adams  
Carolyn Anderson  
Ken and Ruth Anderson  
Brent and Tara Barry  
Karen Bush  
Cy Grover  
Terry and Jeanette Haas  
Kurt and Sonja Johnson  
Brad and Barb Meder  
Marcus and Rebekah Meder  
Pam Phillips  
Wayne and Gloria Ronning  
Ted and Lois Rotenberger  
Jon and Jessica Steinbrenner  
Evan and Tanya Westra

### Greeters and Coffee Hosts

October 2014

#### Sunday, October 5th

9AM- Mike & Amy Donoho  
11AM- Loran Johnson

#### Sunday, October 12th

9AM- William & Peg Kalar  
11AM- Shannon Wilson

#### Sunday, October 19th—Consecration Sunday

10AM- Mike & Michelle Loomer

#### Sunday, October 26th—Pie Social

9AM- Craig & Rebecca Jorgensen  
11AM- Joel Enderson & Yvonne Marts



# SERVICE

**\*\*Reminder, you are also the coffee hosts for that Sunday. If you are unable to do it the Sunday you are assigned, it is YOUR responsibility to find a replacement.**

### Condolences to...

- ✦ Linda Wolfe on the death of her daughter, Andi.
- ✦ Family and friends of Esther Esser on the death of Esther.
- ✦ Anne Worner on the death of her sister-in-law, Jean Peterson.

### Congratulations to...

- ◆ Craig & Rebecca Jorgensen on the birth of their granddaughter, Tatum Helen.
- ◆ Wes & Phyllis Binner on the birth of their granddaughter, Elizabeth Binner Becher.

### Thank you to...

- ☺ Roxane Nereson for serving as our custodian this summer.
- ☺ John MacFarlane and Skip Zielin for repairing the damage to the church which occurred during the robbery.

## October Birthdays

10/01 Dorothy Porter  
10/01 Tami Collins  
10/02 Terry Haas  
10/03 Evan Westra  
10/04 Joyce Stock  
10/04 Tanya Sundberg  
10/04 Don Westra  
10/07 Doris Enderson  
10/07 Grant Davenport  
10/09 Jaden Beck

10/13 Kym Christainsen  
10/14 Austin Nygaard  
10/14 Caitlyn Nygaard  
10/16 Kathy Zimmerman  
10/16 Jo Kohlase  
10/16 Heidi Lien  
10/17 LaVane Ugstad  
10/18 Louetta Hanneman Savoy  
10/19 Phil Kugler  
10/19 Courtney Meis  
10/20 Nate Donoho

10/21 Dennis Bowman  
10/23 Drew Johnson  
10/23 Mary Moe  
10/25 Tyler Harthun  
10/26 Jon Steinbrenner  
10/27 Carol Rose  
10/28 David Lundeen  
10/28 Joshua Whipple  
10/28 Alexis Nelson  
10/29 Beatrice Schierer  
10/31 M. Emilia Griego, Jr.



*We apologize if we missed your birthday! Please email your birthday information to [church@federatedff.org](mailto:church@federatedff.org)!*

### Receipts Update:

Thanks for bringing in grocery store receipts. From May 13, 2014 through August 9, 2014, the amount for SunMart is \$4,266.28 and Service Food is \$15,502.99.

-Kathy Zimmerman



## First Sundays - Pastor Doug Dent

First Sunday Bible Studies are designed to be one-time, one-topic programs. We gather after worship for a light lunch and discussion (which is not always so light!). Each spring, members of the bible study choose the topics; then Pastor Doug spends time researching and preparing. Here is the lineup for 2014-2015:

Oct. 5 <sup>th</sup>	Why Go to Church?
Nov. 2 <sup>nd</sup>	Appreciating Spiritual Gifts
Dec. 7 <sup>th</sup>	Parables of the Lost
Jan. 4 <sup>th</sup>	What is Heaven Like?
Feb. 1 <sup>st</sup>	Does Hell Exist?
Mar. 1 <sup>st</sup>	Simplicity as Spiritual Discipline
Apr. 12 <sup>th</sup>	The Book of Revelation (Date changed due to Easter!)
May 3 <sup>rd</sup>	James, the Brother of Jesus



## Sunday Morning Bible Study - Pastor Doug Dent

Sunday Morning Bible Study, led by Pastor Doug, meets in the Parlor on Sunday mornings at 10AM. All are welcome!

Sept. 28 <sup>th</sup> – Nov. 16 <sup>th</sup>	The Fall Festivals of Judaism (6 weeks – no class Oct. 19 <sup>th</sup> or Nov. 9 <sup>th</sup> )
Nov. 30 <sup>th</sup> – Dec. 21 <sup>st</sup>	Held in God's Grace: an Advent Study About Waiting (4 weeks)
Jan. 4 <sup>th</sup> – April 26 <sup>th</sup>	Daniel: A Christ Centered Approach (12 weeks)
	(No class on Jan. 25 <sup>th</sup> , Feb 8 <sup>th</sup> or 22 <sup>nd</sup> , Mar. 29 <sup>th</sup> or Apr. 5 <sup>th</sup> )

## Men of the church!

Men of the church! Join us Mondays at noon for prayer and bible study in the church parlor. We are currently studying the "I AM" statements of Jesus in John's Gospel.



## Fall Class at Federated

### Making Your Children Mind without Losing Yours

*How to bring out the best in kids by doing what is best for them*

**October 26 through November 30, 2014—Sundays, 5-7 PM**

This six session course is for parents who want to raise happy, healthy, hard-working and honest sons and daughters. We'll begin each session with a light supper followed by a DVD presentation and time for discussion. Cost is \$10 per person. Childcare provided.



We're looking for help with snow removal this winter for any snowfall 3" or under. It would require removal of snow from the sidewalks and front steps. \$20/time. Call the church office if you can help. There is a snow blower and shovels available at the church.



Please look through the lost and found box in the Narthex. Whatever is left in the box after Oct. 15<sup>th</sup> will be donated to the Goodwill.



### Ministry Nite!

October 14th is Ministry Nite. Please email your minutes to [church@federatedff.org](mailto:church@federatedff.org). If you are unable to attend, contact your chairperson. If your committee does not make a quorum, please schedule a time for your committee to meet before the next Ministry Nite. Reminder: Committees do not meet in July.

## Parish Nursing Notes

**Connie Seltz, Parish Nurse Coordinator**

From time to time, I plan to invite healthcare professionals to write about a topic of interest to them and, hopefully, to you. Our own Lu Echelberger, OTR, has written this article on container babies. This is part two of the article; part one was published in the September newsletter.

**Container Babies (part 2)** by Lu Dix Echelberger

### What to do to prevent Container Syndrome:

Give babies lots of tummy time. Babies should be on their tummy 4 hours or more a day (3 hours by 2 months of age). Create a safe place on the floor for baby to move, look around, & hold their head up. (Play pens were recommended in many articles.)

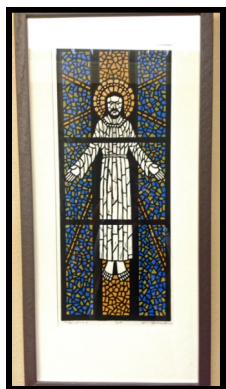
Limit daily use of car carriers, strollers, swings, & bouncers. When it's safe, let your child explore the surroundings with your guidance; give your child as much eye contact as possible. Carry baby on your hip or to the car, leaving the car seat in the car.

Using a baby wrap or sling was recommended. This allows baby to look around at different heights, it increases eye contact with you & others, & most importantly, it promotes infant-parent bonding.

Avoid feeding your child in a carrier or stroller. Remember, every little bit counts!

### Benefits of keeping your baby out of carriers when feasible.

It *maximizes* sensory input, motor development & growth, calories burned, &, most importantly, bonding with you. It *reduces* risk of ADHD, obesity, delayed gross motor skills such as crawling & walking, delayed coordination development, and poor social skills.



This beautiful woodcut by Charlie Beck is now hanging outside the church office. Family of Andi Wolfe-Nelson gave it to The Federated Church in memory of Andi.

**The Mission Dinner will be on Nov. 9<sup>th</sup> at 11AM.** We will have one worship service that Sunday at 10AM. Come for good food, great speaker(s), and a great cause! All proceeds go towards school fees for the kids at House of Hope in Zacapa, Guatemala.



### House of Hope Mission Trip (February 2015)

Anyone interested in participating in the House of Hope Mission Trip (February 7-14, 2015) should contact Mike Loomer or Pastor Doug as soon as possible. The team is forming now! Join us and get a respite from the Minnesota winter while ministering to God's people in Guatemala. The approximate cost for the trip is \$1500.



### Stewardship Report *Millie Pearson and Greg Truax*

#### General Fund Report—as of August 31, 2014

Revenue—\$18,137

Expenditures—\$22,900

#### Year to Date Pledge Offering

Budgeted —\$202,280

Actual received—\$191,822

#### 2014 Pledge Drive

Status as of February 28, 2014

**\$290,418**



**Thank you for your continued generosity with the Local Mission Fund!** As always, funds go out as quickly as they come in. Donations can be put in the offering plate with *Local Mission Fund* in the memo line or dropped off in the church office.

#### Local Mission Fund Report

**August**  
8 families or  
individuals helped  
with \$1950.00  
towards food, rent or  
utilities

**As of Sept. 25th**  
2 Families or  
individuals helped  
with \$100  
towards food, rent  
or  
utilities