

The Union Avenue News

www.federatedff.org

church@federatedff.org

May 2014



The Spring Ice Cream Social will be held on May 18th during the 10AM coffee hour. This celebration of the last day of Sunday School includes ice cream and waffles with all the sprinkles and toppings. Come enjoy the ice cream and fellowship as we enter into the summer season.

On May 18th at 11AM the choirs of The Federated Church and First Lutheran Church will present the premier of *The Heart of God* written by our composer in residence, Jon Strommen Campbell. They will be joined by a brass quartet, organ and tympani. We feel very blessed to be the recipients of this project and look forward to this special day.



House of Hope Youth Trip 2014

The youth are partnering with Equal Exchange in order to raise funds for the trip (and supporting organic and small farmers around the world at the same time!). There are three ways you can purchase goods and support the youth: a table with some products in the fellowship hall; contact one of the youth going on the trip to order through the catalogue; or, for those who aren't able to connect with one of the youth or make it to the church building, an online store. The link for the online store is

<http://fundraiser.equalexchange.coop/?fundraiser=FEDE006W>



Fellowship "Walk and Talk"- Do you need to work on shedding a couple of those Christmas cookies that are stuck on your hips?? The Fellowship Committee says, "let's Walk and Talk in May." Through the month of May, let's walk with our church friends around Lake Alice during the fellowship hour. A chance to walk and maybe even get to know a few new people! The Fellowship Committee will offer a nutritious snack after the walk. Each Sunday in May, from 10:00 to 11:00, or however long it takes you to walk the lake....Meet you by the back door, friends!

Upcoming Events

Sundays in May—10AM— Walk and Talk around Lake Alice

Sunday, May 18th—10AM—Ice cream social—Last day of Sunday School; Cross+Generational Sunday School

Sunday, May 18th—11AM—Premiere of Jonathon Strommen Campbell's piece written for The Federated Church

Sunday, May 25th—Summer Worship schedule begins—one worship service at 10AM; Coffee Hour at 11AM

Sunday, June 8th— 10AM—Worship in the Park at Roosevelt Park

Federated Church
224 N. Union Ave.
Fergus Falls, MN 56537

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Permit #285
Fergus Falls, MN 56537

Time Sensitive
Information
Please deliver by
April 30th

Worship Schedule

9:00am Contemporary Worship
9:45am Education Hour
10:00am Fellowship
11:00am Traditional Worship

Nursery available from 8:45am-11:00am

First Sundays of the Month

Communion served at each service.

Blood Pressure clinics held during the Fellowship hour by the Parish nurse.

Know your Neighbor Sunday Name tags distributed before each service.

First Sundays with Pastor Doug. From October to May, Join Pastor Doug the first Sunday of each month for an in depth look at some exciting and eclectic topics.

Wednesday Weekly Meetings

6:00pm Handbells
7:30pm Choir Rehearsal
7:30pm Youth Group
8:30pm Praise Band Rehearsal

Ministry Nite

Committees meet the 2nd Tuesday of the month at 6:30pm.

Reminder: Committees do not meet in July

Other Meetings

Deacons & Elders meet the third Thursday of the month at 6:30pm.

Stephen Ministry meets the first Tuesday of the month at 5:30pm.

Call the Church office if
you have any questions!
218-739-3227



Growing together in God's love...
From generation to generation.

Come as you are...
Visitors expected

The Federated Church is
a joint ministry of
The Presbyterian Church (USA)
and
The United Church of Christ



"Greater love has no one than this, that he lay down his life for his friends." John 15:13 (NIV)

General John Logan, national commander of the Grand Army of the Potomac officially established Memorial Day with his General Order No. 11 on May 5, 1868. The first observance of Memorial Day was May 30, 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. The first state to officially recognize the holiday was New York (1873). By 1890, all the northern states recognized Memorial Day. The South refused to acknowledge the day, honoring their dead on separate days until after World War I (when the holiday changed from honoring just those who died fighting in the Civil War to honoring Americans who died fighting in any war). It is now celebrated in almost every State on the last Monday in May (passed by Congress with the National Holiday Act of 1971 to ensure a three-day weekend for Federal holidays).

Traditional observance of Memorial Day has diminished over the years. Many Americans today have forgotten the meaning and traditions of Memorial Day. At many cemeteries, the graves of the fallen are increasingly ignored, neglected. Most people no longer remember the proper flag etiquette for the day. While there are towns and cities that still hold Memorial Day parades, many have not held a parade in decades. Some people think the day is for honoring any and all dead, and not just those fallen in service to our country. To remind Americans of the true meaning of Memorial Day, the "National Moment of Remembrance" resolution - passed on Dec. 2000 - asks all Americans at 3PM local time "To voluntarily and informally observe in their own way a Moment of remembrance and respect, pausing from whatever they are doing for a moment of silence or listening to 'Taps.'"

The Moment of Remembrance is a step in the right direction to returning the meaning back to the day. What is needed is a full return to the original day of observance. Set aside one day out of the year for the nation to get together to remember, reflect and honor those who have given their all in service to their country. Memorial Day is a day to remember those who have fallen in the service of our country. This is something that we can and all should do, however we feel about the present politic and wars. We can and should recognize and honor the tremendous sacrifices made by those who volunteer to serve our country and especially by those who pay the ultimate price.

The Bible says: *This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers* (1 John 3:16). It is good that we have a holiday to help us remember this. We are that kind of people. Without Memorial Day, we would soon forget to acknowledge their sacrifices. Without a special day, it is easy to let things sort of slide by. For many, even with a holiday, they have no idea why we celebrate. For them, it is just the three-day holiday that begins the summer season and there are a lot of furniture sales.

We take our freedom for granted. On Memorial Day weekend we sit together and fellowship; we pray and sing hymns of praise; we worship God openly and read God's Word without fear of reprisal, intimidation, persecution, and with no restriction from the government, whatsoever. It is a blessing we very much take for granted. The Bible says, *Righteousness exalts a nation: but sin is a disgrace to any people* (Proverbs 14:34). War is a regrettable thing, although necessary sometimes; no one in their right mind likes war, and nobody wants to go to war. War is not glamorous or romantic, though Hollywood often tries to portray it as such. War is a terrible thing. But there are some things that are worse than war. Oppression. Injustice. Discrimination. Terrorism. It is worth fighting to end these things.

Jesus came so that we might know a better way to live. He said, *"Greater love has no one than this, that he lay down his life for his friends."* Then he did just that: Jesus laid down his life, for you and for me. His death was not for freedom from political tyranny, but freedom from the penalty of sin. His death was not just to give us a better life, but to give us eternal life. The war over sin and death is already won! Christ is victorious over the grave! We can live triumphant.

It is important to remember those who have given their lives for their country, but may we never forget to praise and honor the Christ who died for a dying world. Truly, there is no greater love than this. So why not today open your heart to Jesus Christ, because He is the One that died on the cross and shed His blood for your sins so you could have that free gift of eternal life.

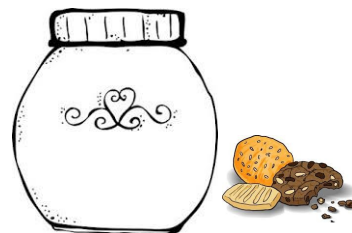
God's blessings,
Pastor Doug

**"GRANDMA'S COOKIE JAR"
SALAD LUNCHEON & BAKE SALE
A BIG THANK YOU TO ALL OF YOU!**

Thank you to the great committee for organizing the event; to all the volunteers that worked; those that brought salads, rolls, garlic toast, items for the bake sale, donated money and those that attended the luncheon. We served approximately 219 meals. We raised \$1737.33, which will be donated to The Federated Church local mission fund.

Please pick up your bowls or containers on the back cupboard in the kitchen or on the cart in the narthex.

Next year the salad luncheon will be held on Thursday, April 9th (Easter is April 5th) and the theme will be: "Hop Into Spring". See you there!



Doug Snaza. Director of

Upcoming Events

May 2nd—1-4pm—Friday at the Food Shelf

May 7th— 7:30-9pm—Volunteering at The Welcome House—Last Wed. youth group until Sept.

May 17th—7-9pm—7th-12th grade bowling

May 18th—10am—Cross+Generational Sunday School

May 30th—1-4pm—Friday at the Food Shelf

The youth are volunteering at The Welcome House on May 7th, from 7:40-8:40 and then getting ice cream after. Any and all are welcome to join us!

We are wrapping up the school year for 7th – 12th graders with a night of bowling on Saturday, May 17th from 7-9pm. We will leave from the church at 7pm, or you can meet us at the bowling alley.

Honoring Barb Flom on May 18th @ 11AM

Barb Flom is retiring after nearly a quarter century of caring for our youngest members in the nursery. Join us as we thank Barb for her dedicated service during worship (11AM).



Environmental Justice Training at Pilgrim Point Camp and Retreat Center

How can people of faith work for environmental justice for all? How can we create a community that is sustainable, healthy, and inclusive? This "train the trainer" workshop will explore these questions with the goal of empowering conversation and actions around environmental justice that will continue far beyond the initial workshop. In addition to discussing issues and viewing the film *Renewal*, participants will take a field trip to learn more in-depth about environmental justice issues specific to their setting. Open to adults from college through retirement. Retreat is May 14-16 at Pilgrim Point Camp and Retreat Center in Alexandria, MN. Go to www.ucc.org/calendar/environmental-justice-2.html for more information.



The grocery receipt totals from the end of February through the first week of April are:

Service Food - \$9,985.44

Sunmart - \$3,799.76

Thank you to Bev Lambert for counting receipts while I was away!

Kathy Zimmerman



House of Hope Mission Trip (February 2015)

Anyone interested in participating in the House of Hope Mission Trip (February 7-14, 2015) should contact Mike Loomer or Pastor Doug as soon as possible. The team is forming now! Join us and get a respite from the Minnesota winter while ministering to God's people in Guatemala. The approximate cost for the trip is \$1500.



**HOUSES OF HOPE
INTERNATIONAL**

Worship at The Federated Church

May 4, 2014 9AM and 11AM	"The Skeptical Student" John 1:43-51 Celebration of the Lord's Supper at both services	The Rev. Douglas Dent
May 11, 2014 Mother's Day 9AM and 11AM	"The Insider and the Outcast" John 3:1-7; 4:7-19 Baptism of Hunter Michael Misialek (11AM)	The Rev. Douglas Dent
May 18, 2014 9AM and 11AM	"The Wedding Party" John 2 Honoring Barb Flom (11AM)	The Rev. Douglas Dent
May 25, 2014 Memorial Day Weekend 10AM	"The Grieving Sisters" John 11	The Rev. Douglas Dent
June 1, 2014 10AM	"The First Christian" John 20 Celebrating Blanch Arneson's 100th Birthday Reception at 11AM	The Rev. Douglas Dent

Synod School 2014



*"So many people having so much fun
while examining issues related to faith."*

July 27–August 1, 2014
Buena Vista University, Storm Lake, Iowa
Go to www.lakesandprairies.org/school.html
or phone 1-800-328-1880, ext. 207.

Becoming God's Next Church

Stewardship Report *Gary Nelson and Greg Truax*

General Fund Report—March

Revenue—\$43,454

Expenditures—\$30,849

Year to Date Pledge Offering

Budgeted — \$75,855

Actual received—\$82,903

2014 Pledge Drive

Status as of February 28, 2014

\$290,418



Newsletter



Newsletter Deadline

Articles and announcements for the monthly newsletter are due on the 15th of each month. Please send them in electronic form (email) whenever possible. The church staff reserves the right to edit articles for content and space.

S E R V I C E

May Service Group (Group #2)

Kim and Martin Anderson
Doug and Barb Becker
Jerry and Nancy Bogen
Jacob and Karoline Gustafson
Tim & Lila Hiedeman
Jerry and Donna Hendel
Carol Hoivik
Phil and Lori Kugler
Russ and Renee Larsen
Phil and Mary Link
Jean McKenzie
Ken and Marjan Schuetze
Mike and Patty Shol
Darren and Erin Smith
Bonita Stock
Joyce Stock
Cris and Joanne Styve
Mark and Tanya Sundberg
Duane and Nicole Tabbut

June Service Group (Group #3)

Norma Bell
Kim and Cindy Dean
Charles Ebbighausen
Joan Ebbighausen
Vaughn Ebbighausen
Terry and Abby Harthun
Brian and Nancy Malchert
Wally and Mary Moe
Gary and Jan Nelson
Iona Saunders
Rick and Kitt Schara
Clyde and Beth Schlepp
Gerald Skibness
Bob and Jona Brown Stout
Olaf and LaVane Ugstad
James and Amy Underdahl
David and Vivan Whipple
Ruby Whipple
Vanessa Whipple
Skip and Char Zielin

Greeters and Coffee Hosts May 2014

Sunday, May 4th

9AM— Ken & Marjan Schuetze

11AM—Darren & Erin Smith

Sunday, May 11th

9AM— Bonita Stock

11AM— Russ & Renee Larsen

Sunday, May 18th

9AM— Jacob & Karoline Gustafson

11AM— Mark & Tanya Sundberg

Sunday, May 25th

10AM— Jerry & Donna Hendel

****Reminder, you are also the coffee hosts for that Sunday. If you are unable to do it the Sunday you are assigned, it is YOUR responsibility to find a replacement.**

Thank you to...

☺ Everyone who helped out on the Spring Cleanup day
April 26th.

Condolences to...

- ✦ Cindy Holte on the loss of her mother, Kimiko.
- ✦ Tessa Schierer on the loss of her grandmother, Jennie.
- ✦ The Solin family on the loss of their cat, Cookie.
- ✦ Janet Knapp on the loss of her sister, Jeanne.
- ✦ Michelle Loomer on the loss of her uncle.
- ✦ Phil Kugler on the loss of his mother, Gladys.

Dear Federated Church family,

Thank you so much for the flowers. They made a beautiful centerpiece for my Easter table. I can't tell you how much your gifts, cards, visits, phone calls, etc. have meant to me during my cancer journey. Your prayers have been especially helpful and I truly believe in the power of prayer now. Of all the things we miss about Fergus Falls, we miss our Federated family the most.

Laurie and Bob Hansen

Congratulations to...

☺ One of the Special Olympics basketball groups from Fergus Falls that Matt Solin helps coach recently placed first in the competition in the cities.

May Birthdays

Melissa Loomer 05/02
David Stoddard 05/02
Jan Nelson 05/03
Codie Tabbut 05/03
Alyssa White 05/03
Paige Westra 05/07
Susan Johnson 05/08
Arianna Lee 05/08
Vivian Olson 05/08
Mary Milton 05/09
Shelby Eckhoff 05/10
Rebecca Kalar 05/11
Gerald Worner 05/12
Joyce Youngren 05/14
Vern Tabbut 05/14

Crystal Cavalier 05/15
Maren Hatling 05/15
Luke Barry 05/15
Tucker Ugstad 05/15
Zane Tassler 05/16
Winnie Clambey 05/17
Steve Thompson 05/17
Janet Knapp 05/18
Ashley Rodning 05/18
Dennis Echelberger 05/20
Samatha Beck 05/20
Bev Lambert 05/22
Carol Anderson 05/22
Mary Lundeen 05/23
Kim Anderson 05/23

Abby Harthun 05/23
Allie Murphy 05/23
Christian Saurer 05/23
L. Art Syverson 05/24
Elizabeth Nelson 05/25
Terry Harthun 05/26
Lisa Johnson 05/26
Ben Sundberg 05/26
Desta Hunt 05/27
Barbara Becker 05/28
Mackenzie Schara 05/28
Blanche Arneson 05/29
Mae Harthun 05/30
Matthew Solin 05/30
Mae Reich 05/31



We apologize if we missed your birthday! Please email your birthday information to church@federatedff.org!

Parish Nursing Notes – Connie Seltz, Parish Nurse Coordinator

Since Federated has a wealth of healthcare professionals, I have decided to occasionally invite a guest writer. This month, Char Zielin, who is a Registered Physical Therapist has agreed to write about the difference between a Physical Therapist and an Occupational Therapist.

What is Occupational Therapy vs. Physical Therapy? By Char Zielin

Although there is some overlap in the two therapies, both focus on helping people live independently, performing meaningful and purposeful activities throughout their lives. Those who benefit from therapy range from birth all the way to near end-of-life.

Physical Therapy (P.T.) helps people get relief from pain with the use of heat and cold, electrical, manual therapy techniques, and exercise. Depending upon the health problem, the P.T. therapist will help the patient with flexibility, strength, endurance, coordination and/or balance with the long term goal being to promote functional mobility and maximizing functional abilities for walking, navigating their environment and even sports activities. Different joint conditions and neurological problems may occur after injury or illness, or may be age related. Examples would be severe arthritis, stroke, heart conditions, or neuromuscular diagnoses.

Occupational Therapy (O.T.) works with similar conditions with a focus on restoring function for daily living activities. This includes early mobilization of affected upper limbs; strengthening; exercises for function to perform dressing, eating, grooming, etc. The O.T. will assess the daily function and determine when adaptive equipment may be appropriate to complete a task. O.T. works with the fine motor activities of the hands. They also may use modalities and exercise to facilitate pain reduction of upper extremities.

You will find both professions in multiple settings— hospitals (acute and rehab settings), clinics, nursing homes, home health programs and schools. Both provide assessment, treatment and often a home program of exercise to achieve the goals set by the patient and therapist. Education is provided on an individual basis for optimum outcome.



TIM & LILA HIEDEMAN – NEW MEMBER BIO

Tim and Lila moved to Fergus Falls last July and have been worshipping with us since that time. They moved here from Omaha, where they lived for 18 months and the ONLY thing they miss about Omaha is their church there, Faith Presbyterian Church in La Vista, NE. They have a lot of friends there with whom they still stay in touch.

Tim is originally from Breckenridge, where his Mom still lives. He moved to Des Moines, Iowa, to begin working for Home Depot and that is where he met Lila, who was born and raised in Urbandale, a suburb. After marrying in September of 2006, Tim was promoted with Home Depot and they moved to Omaha in 2011. Tim was once again relocated to Fergus Falls last year and they couldn't be happier. They reside in the Lake Alice area and enjoy their walks around the lake.

Tim is the typical "Tim-the-Tool-Man". He has built and remodeled several homes around the lake areas here from when he lived in this area previously.

Lila took early retirement in 2010 and enjoys reading, baking, gardening and decorating. They both enjoy playing cards and bowling. But, most importantly, they enjoy their 'boys', Buddy and Peanut, and are 'expecting' another 'son' in July.

They would like to thank everyone at Federated for being so friendly and accepting them into the Federated family so quickly. God Bless!



The Federated Church is in need of Nursery Attendants. Job would require working Sunday mornings, Tuesday Ministry Nite and during special holiday services. Please stop in or call the church office for more information - 739-3227.



First Sundays - Pastor Doug Dent

First Sunday Bible Studies are designed to be one-time, one-topic programs. We gather after worship for a light lunch and discussion (which is not always so light!). Each spring, members of the bible study choose the topics, then Pastor Doug spends time researching and preparing. There are brochures available in the narthex and in the hallway outside the church office with more information on each topic. Here is the lineup for 2014:

May 4th What is the Prosperity Gospel?



Sunday Morning Bible Study - Pastor Doug Dent

A Biblical Diet

a two-part study by Patricia K. Tull

May 4th & 11th

If the saying, "You are what you eat" is true, what are we? This study examines contemporary food practices in light of food's role in some of the Bible's early stories. The study explores the ethical issues of food production and distribution in today's world, both in crop agriculture and animal farming.

Women's Bible Study

Women's Bible Study meets on Thursdays at 9:30AM. We will be using a Women of Faith study - *A Time for Everything - Discovering the Beautiful Rhythms of Life*. We will meet every Thursday, except the 2nd Thursday of each month (Christian Women's Club meeting). The last study will be on May 15th. Contact Anne Worner at 736-6082 for more information.



Men of the church!

Join us Mondays at noon for prayer and bible study in the church parlor. Currently we are studying Jesus' Sermon on the Mount. All men are welcome.

UCC Annual Meeting

The UCC Annual Meeting will be held at the College of St. Benedict in St. Joseph, MN, June 13th - 15th. If you are interested in attending, contact the church office for more information.



Thank you for your continued generosity with the Local Mission Fund! As always, funds go out as quickly as they come in and we are currently having to turn people away. Donations can be put in the offering plate with *Local Mission Fund* in the memo line or dropped off in the church office.



Ministry Nitel

May 13th is Ministry Nite. Please email your minutes to church@federatedff.org. If you are unable to attend, contact your chairperson. If your committee does not make a quorum, please schedule a time for your committee to meet before the next Ministry Nite.