

# The Union Avenue News

www.federatedff.org

church@federatedff.org

June/July 2014



The Federated Church is bringing Sunday morning worship outside to Roosevelt Park. Join us at the park shelter at 10am on June 8th for a worship service in the park. The Mission Committee will provide coffee and treats after the service and will be accepting free-will donations to go towards school fees for the kids at House of Hope in Guatemala.



Blanche Arneson is turning 100! Come and celebrate this milestone with church family on June 1st. We will honor her during the worship service at 10am, and celebrate with birthday cake during coffee hour.

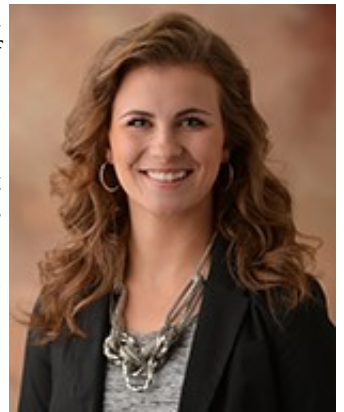
## Elizabeth Link is The Federated Church's Summer Intern!

Beginning May 27, 2014, Elizabeth (Lizzy) Link will serve as a summer intern for The Federated Church. Lizzy is currently a student at Olivet Nazarene University (Illinois) where she is majoring in Music and Christian Education. The goal of this ten-week internship is to provide Lizzy with some practical church experience.

As Summer Intern, Lizzy will provide leadership during worship services (we hope she'll sing, too!), plan youth events (K-12) on the Wednesdays during June, assist with VBS and youth activities in July, attend D&E and Christian Education meetings, help revamp our 9<sup>th</sup> grade confirmation curriculum, visit church members with Pastor Doug, and participate in the annual staff retreat and planning session.

We are excited to have Lizzy working with us. Lizzy grew up at The Federated Church: she was baptized and confirmed here, and in January 2015 will also be married here! Lizzy is the daughter of Phil and Mary Link.

Welcome, Lizzy!



## Federated Bible Investigations (FBI) (Federated's version of VBS)

All kids kindergarten through 5<sup>th</sup> grade! This summer, get ready for a week of investigating! July 7<sup>th</sup> - 11<sup>th</sup>, we will delve deep into the Bible in search of truth, hear stories of God in action through history and today, play in and explore God's great world, and discover new friends.

There will be an evening program on Wednesday, July 9<sup>th</sup> at 5:30PM at Roosevelt Park complete with hot dogs and s'mores.

Lunch and snacks are provided during the week. Registration forms can be found outside the church office and turned in to the church office. Registration is also available during the week of FBI.

Cost is free. Any free-will donations will go to the youth who are volunteering for the week and will help pay for their upcoming mission trip to Guatemala.

**When:** July 7<sup>th</sup> - 11<sup>th</sup> from 9AM - 3PM each day; evening program Wed. July 9th at 5:30pm at Roosevelt Park

**Who:** Kids ages kindergarten through 5<sup>th</sup> grade - feel free to invite friends!

**Where:** The Federated Church 224 N. Union

**Volunteers also needed!** Contact the church office if you're interested in helping out.



Federated Church  
224 N. Union Ave.  
Fergus Falls, MN 56537

ADDRESS SERVICE REQUESTED

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Fergus Falls, MN 56537

Time Sensitive  
Information  
Please deliver by  
May 31st

#### Worship Schedule

10:00am Blended Worship  
11:00am Fellowship

#### First Sundays of the Month

*Communion* served at each service.

*Blood Pressure clinics* held during the Fellowship hour by the Parish nurse.

*Know your Neighbor Sunday* Name tags distributed before each service.

#### *First Sundays with Pastor Doug.*

From October to May, Join Pastor Doug the first Sunday of each month for an in depth look at some exciting and eclectic topics.

#### Ministry Nite

Committees meet the 2<sup>nd</sup> Tuesday of the month at 6:30pm.

**Reminder: Committees do not meet in July**

#### Other Meetings

*Deacons & Elders* meet the third Thursday of the month at 6:30pm.

*Stephen Ministry* meets the first Tuesday of the month at 5:30pm.

Call the Church office if  
you have any questions!  
218-739-3227



Growing together in God's love...  
From generation to generation.

Come as you are...  
Visitors expected

The Federated Church is  
a joint ministry of  
The Presbyterian Church (USA)  
and  
The United Church of Christ



*"In God is my salvation and my glory: the rock of my strength, and my refuge, is in God." Psalm 62:7*

Summertime! Hamburgers on the grill. Swimming in the lake. Tubing on the river. Fireworks for July 4<sup>th</sup>. Fishing for limpets in the tide pools! Wait? What?

Fishing for limpets in the tide pools! Every summer my family vacationed in Maine. There, my sister and I would comb the tidal pools looking for sea creatures. Sometimes we'd catch small fish, even the occasional baby lobster; but there were always limpets.

The limpet. *Noto acmaea testudinalis*. It's a little gastropod having an arched, non-spiraling shell with broad ventral openings. (Limpet shells look like the peaked straw hats you see people wear in Southeast Asia.) These little snails are all over the world. They cling tenaciously to rocks and submerged timber.

What they do is scrape out a place on a rock and cling to it. They occasionally leave the rock to forage for food, but they always return. The only danger they face in life is when they are not clinging to the rock.

Charles Haddon Spurgeon made use of the limpet as a sermon illustration:

"Our little friend the limpet does not know much, but he clings. He cannot tell us much about what he is clinging to, is not acquainted with the geological formation of the rock, but he clings! He has found something to cling to; and with his little bit of knowledge, he uses it to cling to the rock of his salvation; it is the limpet's life to cling. Thousands of God's people have no more faith than this; they know to cling to Jesus with all their heart and soul and this suffices. Jesus Christ is to them a Savior strong and mighty, and they cleave to him as to a rock unmovable and immutable."

I cannot comprehend the nature of God, but I believe (Job. 9:10). God is beyond my comprehension. Where my feeble understanding fails, faith takes over. I need no deep and complicated explanation of my God in heaven in order to have a faith that keeps me in the cleft of the Rock of Ages.

*From the end of the earth will I cry unto thee, when my heart is overwhelmed:  
lead me to the rock that is higher than I. Psalm 61:2*

Or, as Frank Davis wrote in his hymn:

*O Rock in the desert, I fly unto thee, when tempest and storms sweep the sky.  
I hide in the cleft that was riven for me, for safety on Thee I rely.*

This summer, be a limpet! Cling to Jesus. Go and play, but always return to the source of your salvation.  
Pastor Doug

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### Men of the church!

Men of the church! Join us Mondays at noon for prayer and bible study in the church parlor. On June 9, 2014 we will begin reading New York Times best-selling author Eric Metaxas's book 'Seven Men' which presents seven exquisitely crafted short portraits of widely known — but not well understood — Christian men, each of whom uniquely showcases a commitment to live by certain virtues in the truth of the gospel. All men are welcome.



### Relay for Life

If you would like to purchase any luminaries or make a donation for Relay for Life, please contact Cindy Dean, Barb Flom, Judy Friedrich, Bonnie Bergerud or Tessa Schierer. Relay for Life is June 20th at the MState campus from 3PM—3AM. Thank you for your support!





**Doug Snaza. Director of Christian Education**

### June/July Events:

**Thursday, June 12th**—Grill and Games followed by the community movie in the park  
Meet at Roosevelt at 6pm. Bring a chair and your own food to grill, including hot dog/hamburger buns; condiments will be provided.  
The movie showing that night is *Frozen*. **The whole church family is invited!**

**July 7th—11th—9am-3pm**—Federated's Bible Investigations (FBI—our version of VBS) see front page for more details.

**Thursday, July 17th**—Evening at Thumper Pond water park.

Meet at Thumper Pond in Ottertail, MN at 5:30pm.

Tickets are buy-one get-one free; one ticket is \$12.95; 2 and under—free. Not planning on swimming? Ticket is \$4.95.

Ticket prices subject to change; prices on July 17th may be less. **The whole church family is invited!**

**Stay tuned to the announcements and Federated Youth Facebook group—more events will be announced throughout the summer.**

### May Happenings

We celebrated a great year of youth group by going bowling on Saturday, May 17<sup>th</sup>. We had a blast cheering for everyone's strikes (and gutter-balls), as well as trying some unique bowling styles, including a move reminiscent of Fred Flinstone's. Thanks for a great year!



Our volunteering at The Welcome House planned for May 7th became instead a clean-up around Lake Alice. After donning some work gloves and grabbing several big black garbage bags, we headed to the lake, split into two groups, and got down and dirty picking up trash near the shoreline. The evening ended with ice cream cake to celebrate Paige Westra's birthday.



On Sunday, May 18<sup>th</sup>, we had a cross+generational Sunday School. The hour included conversations about favorite Sunday School memories and hopes for future Sunday School times. Some of the favorite memories included memorizing the books of the Bible; the caring teachers; donuts with Mike; acting out the stories; dressing up like they did in the old days, and teaching my teacher how to use her touch phone. Some things people are looking forward to include learning about Daniel and the Lions' Den, Ruth, acting out the story of Zaccheus in a real tree, and more Kids Club.

#### Upcoming Dates for House of Hope December 2014 Youth team

**June 1st**—Equal Exchange fundraiser orders due

**July 2<sup>nd</sup>** – 4-7pm— Bagging groceries at Service Food

**July 3<sup>rd</sup>** – 10am-1pm—Bagging groceries at Service Food



**HOUSES OF HOPE**  
INTERNATIONAL

#### Congratulations to our graduating seniors!

Cameron Haas

Maren Hatling

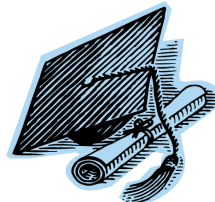
Mackenzie Schara

Hayden Westra

Connor Younggren

#### Graduation Celebration for Mackenzie Schara

Rick and Kitt Schara invite you to celebrate Mackenzie's high school graduation. Please join the Schara family for brunch on Saturday, May 31<sup>st</sup> from 10AM – 2PM at the Pebble Lake Picnic Shelter (Pebble Lake Golf Drive). Help us surround Kenzie with the love of her church family!



As you go from here, may you know the truth of Jesus, walk the way of Jesus, and be filled with the life of Jesus. Amen.

## Worship at The Federated Church

<b>June 1, 2014</b> 10AM	"The Grieving Sisters" John 11:17-44 Celebration of the Lord's Supper Celebrating Blanch Arneson's 100 <sup>th</sup> Birthday Reception at 11AM	The Rev. Douglas Dent
<b>June 8, 2014</b> 10AM	"The Four Elements" Worship in Roosevelt Park	The Rev. Douglas Dent
<b>June 15, 2014</b> 10AM	"The Two Advocates" John 14	The Rev. Douglas Dent
<b>June 22, 2014</b> 10AM	"The First Christian" John 20	The Rev. Douglas Dent
<b>June 29, 2014</b> 10AM	"The Obedient Master" Matthew 26	The Rev. Douglas Dent
<b>July 6, 2014</b> 10AM	"The Right Hand of the Father" Acts 1 Celebration of the Lord's Supper	The Rev. Douglas Dent
<b>July 13, 2014</b> 10AM	"The Courage of Mary" Luke 1	The Rev. Douglas Dent
<b>July 20, 2014</b> 10AM	TBA The Men of Note singing	
<b>July 27, 2014</b> 10AM	TBA	

### House of Hope Mission Trip (February 2015)

Anyone interested in participating in the House of Hope Mission Trip (February 7-14, 2015) should contact Mike Loomer or Pastor Doug as soon as possible. The team is forming now! Join us and get a respite from the Minnesota winter while ministering to God's people in Guatemala. The approximate cost for the trip is \$1500.



HOUSES OF HOPE  
INTERNATIONAL

*Newsletter*



### Newsletter Deadline

Articles and announcements for the monthly newsletter are due on the 15<sup>th</sup> of each month. Please send them in electronic form (email) whenever possible. The church staff reserves the right to edit articles for content and space.

# S E R V I C E

## June Service Group (Group #3)

Norma Bell  
Kim and Cindy Dean  
Charles Ebbighausen  
Joan Ebbighausen  
Vaughn Ebbighausen  
Terry and Abby Harthun  
Brian and Nancy Malchert  
Wally and Mary Moe  
Gary and Jan Nelson  
Iona Saunders  
Rick and Kitt Schara  
Clyde and Beth Schlepp  
Gerald Skibness  
Jona Brown  
Olaf and LaVane Ugstad  
James and Amy Underdahl  
David and Vivan Whipple  
Ruby Whipple  
Vanessa Whipple  
Skip and Char Zielin

## July Service Group (Group #5)

Dean and Dana Barringer  
Wes and Lori Beske  
Wes and Phyllis Binner  
Mark and Carol Bischof  
John and Kim Erickson  
Bob and Barb Flom  
Stella Fox  
Dennis and Shari Frye  
Kathy Gilbert  
Fred Harthen  
Myron and Joanne Lenning  
Vern and Deb Tabbutt  
Zane and Lois Tassler  
Steve and Carri Thompson  
Del and Kathy Zimmerman

## August Service Group (Group #5)

Jim and Phyllis Behrends  
Joel and Dawn Dulski  
Elizabeth Hatling  
John and Kathy Hatling  
Jeremy and Jen Jensen  
Cleo Langseth  
Steve Lockhart and Donna Ohe  
Tiny Macheel  
Jacinta Macheel  
Mary Milton  
Ann Nelson  
Mary Jones Olson  
Duane and Carol Rose  
Debbie Rose  
Melissa Saurer  
Jim and Donna Solin  
Joan Tester  
Greg and Kathy Truax

## Greeters and Coffee Hosts June 2014

**Sunday, June 1st**  
10AM— Kim & Cindy Dean

**Sunday, June 8th**  
10AM— Mission Committee

**Sunday, June 15th**  
10AM— David & Vivian Whipple

**Sunday, June 22nd**  
10AM— Gary & Jan Nelson

**Sunday, June 29th**  
10AM— Skip & Char Zielin

## Greeters and Coffee Hosts July 2014

**Sunday, July 6th**  
10AM— John & Kim Erickson

**Sunday, July 13th**  
10AM— Steven & Carri Thompson

**Sunday, July 20th**  
10AM— Del & Kathy Zimmerman

**Sunday, July 27th**  
10AM— Vern & Deb Tabbutt

**\*\*Reminder, you are also the coffee hosts for that Sunday. If you are unable to do it the Sunday you are assigned, it is YOUR responsibility to find a replacement.**



## Congratulations to...

- ☺ Jacob & Karoline Gustafson on the birth of their son, Henrik Allan (May 2, 2014).
- ☺ Michael Misialek & Stephanie Bult on the baptism of their son, Hunter Michael.

## Personnel Committee

Alicia Paulzine, our custodian, will be on leave of absence from June 6<sup>th</sup> – October 6<sup>th</sup>. Please hold Alicia in prayer as she delivers twin boys!

Thanks to Roxane Nereson who will perform custodial duties during the interim.

## Thank you to...

- \* The Federated Men's Club for purchasing two new stoves for the church kitchen.
- \* Donna Hendel for beautifying the outside of the church building with flowers in the planters.

**The Federated Church is in need of Nursery Attendants.** Job would require working Sunday mornings, Tuesday Ministry Nite and during special holiday services. Please stop in or call the church office for more information - 739-3227.



## June Birthdays



Jerry Nuss 06/01  
Barbara Johnson 06/02  
Cindy Dean 06/02  
Cindy McDougall 06/02  
Gary Snyder 06/03  
Ken Garrahan 06/03  
Shane Harthun 06/04  
Ayla Hoff 06/04  
Matyas Sundheim 06/05  
Jackie Gondrez 06/05  
Harrison Saurer 06/05  
Jordan Salgat 06/05  
Maryjane Westra 06/06  
Loran Johnson 06/07

Eunice MacFarlane 06/07  
Leslie Johnson 06/08  
Deb Tabbut 06/09  
Clyde Schlepp 06/10  
Dustin Lien 06/10  
Delaney Schara 06/10  
Bonnie Bergerud 06/12  
Danielle Anderson 06/12  
Nancy Malchert 06/16  
Peg Werner 06/17  
Julie Johnson 06/17  
Gene Mjelde 06/18  
Kristen Kugler 06/18  
Kathy Hatling 06/18

Marianne Stone 06/19  
John Erickson 06/20  
Esther Esser 06/21  
Colin Dethlefsen 06/22  
David Nelson 06/24  
Jim Andrews 06/24  
Lois Tassler 06/25  
Melissa Saurer 06/25  
Elizabeth Hatling 06/25  
Anne Hintz 06/25  
Yvonne Marts 06/28  
Hannah Nelson 06/28



## July Birthdays

Jodie Nuss 07/02  
Joean Schmidt 07/03  
Leila Allen-Ugstad 07/03  
Cameron Haas 07/03  
Altha Schmidt 04/04  
Jeanette Haas 07/05  
Mary Westra 07/05  
Vanessa Westra 07/05  
Ben Dulski 07/05  
Irene Randall 07/06  
Anne Worner 07/07  
Lori Kugler 07/09  
Emma Childs 07/09  
Emily Stoddard 07/09  
Benjamin Rundquist 07/09  
Jean McKenzie 07/10

Joel Enderson 07/11  
Linda MacFarlane 07/11  
Emily Nuss 07/11  
Tom Gehring 07/13  
Fiona Rundquist 07/13  
Audra Hintz 07/15  
Jozee Lee 07/15  
Kendal Nygaard 07/15  
Patty Link 07/16  
Kenneth Anderson 07/18  
Mary Link 07/18  
Dawn Dulski 07/18  
Ruth Anderson 07/19  
Stephanie Kohlhase 07/19  
Bill Rodning 07/19  
Gloria Ronning 07/21

Sarah Bowman 07/21  
Hayden Westra 07/23  
Kim Erickson 07/24  
Joanne Styve 07/26  
Piper Andrews 07/26  
Nicole Tabbut 07/27  
Dominic Facio 07/27  
Charles MacFarlane 07/28  
Tina Jo Kohlhase 07/28  
Adam Schlepp 07/29  
Wally Moe 07/30  
Wayne Ronning 07/30  
Mark Becker 07/30  
Ken Schuetze 07/31  
Kym Nygaard 07/31

*We apologize if we missed your birthday! Please email your birthday information to [church@federatedff.org](mailto:church@federatedff.org)!*

### Receipts Update:

Totals for April 9 through  
May 13, 2014

Service Food -- \$10,278.56  
Sunmart -- \$3,115.74

Thank you!  
Kathy Zimmerman



### Stewardship Report Gary Nelson and Greg Truax

#### General Fund Report—April

Revenue—\$29,971

Expenditures—\$45,426

#### Year to Date Pledge Offering

Budgeted — \$101,140

Actual received—\$108,089

#### 2014 Pledge Drive

Status as of February 28, 2014  
\$290,418



**Thank you for your continued generosity with the Local Mission Fund!** As always, funds go out as quickly as they come in. Donations can be put in the offering plate with *Local Mission Fund* in the memo line or dropped off in the church office.

#### Local Mission Fund Report

April	As of May 20th
27 families/individuals helped	15 families/individuals helped
\$2,024.32 towards food, rent or utilities	\$1154.57 towards food, rent or utilities

## Deacons & Elders

At their meeting on Thursday, May 15, 2014, the Deacons & Elders:

- Hired Elizabeth Link as a Summer Intern for The Federated Church;
- Approved a new Leave of Absence policy for staff;
- Revised the Background check policy to include background checks for officers of the congregation

## Presbytery News

At its meeting on Saturday, May 10, 2014, the Presbytery of MN Valleys:

- Recognized the ministry of the Rev. Tom Gard who has left The First United Church of Christ, Fergus Falls, MN;
- Appointed the Rev. Dr. C. Edward Morgan as moderator/interim at Maine Presbyterian Church, Underwood, MN;
- Received reports on the NEXT Church conference and the Stewardship Kaleidoscope conference;
- Commissioned delegates to the 2014 General Assembly meeting of the PCUSA in Detroit, MI;
- Twined congregations as prayer partners for 2014 (Federated is partnered with FPC-Dawson)

## UCC Annual Meeting



The UCC Annual Meeting will be held at the College of St. Benedict in St. Joseph, MN, June 13<sup>th</sup> – 15<sup>th</sup>. If you are interested in attending, contact the church office for more information. The church will cover travel expenses for those attending.

We are working on turning the grass behind The Federated Church building into some raised bed gardens! Construction on two of the beds is planned for Saturday, June 21<sup>st</sup> at 1pm. If you would like to volunteer your time, skills, building materials, gardening supplies, or gardening expertise, please contact the church office.

Any produce grown in the gardens will be made available to church members and/or people who come in for assistance.



## Parish Nursing Notes – Connie Seltz, Parish Nurse Coordinator

As I write this, we are having a beautiful spring day. I am wearing sandals. I love to wear sandals. Thus it seems timely to write this article about keeping our feet healthy. Consider:

- ❖ Taking good care of your feet. Clean them daily with lukewarm water. Dry carefully between each toe. Moisturize your feet with lotion on a daily basis, but not between your toes.
- ❖ Never going barefoot. Lots of cuts and broken toes could have been prevented by always wearing shoes.
- ❖ Paying special attention to nails. Our nails are made of protein and protect the tips of our toes. As we mature we are more susceptible to fungal infections that make our nails thick, and may cause them to become brittle and crack. Dry feet carefully after washing. Wear appropriate footwear around a pool.
- ❖ Wearing only properly fitting shoes. The proper shoe should be as wide as the widest part of your foot which is at the base of the big toe. The shoe should be at least ¼ inch longer than the longest toe. The toe box should not pinch your toes. Foot size changes as we age. Have feet measured twice a year.
- ❖ Examining your feet often. Look for warning signs of trouble and see your foot specialist promptly if you have any of the following:

swelling or growths, wounds that don't heal normally, Pain or numbness, Pus or discharge on feet or socks, Ulcer or sores, Color changes, Any unusual odor



## Ministry Nite!

June 10<sup>th</sup> is Ministry Nite. Please email your minutes to [church@federatedff.org](mailto:church@federatedff.org). If you are unable to attend, contact your chairperson. If your committee does not make a quorum, please schedule a time for your committee to meet before the next Ministry Nite. Reminder: Committees do not meet in July.