The Union Avenue News

www.federatedff.org

church@federatedff.org

August 2016

Worship in the Park Roosevelt Park August 28th | 10AM

Fellowship hour | 11AM hosted by the Mission Committee All proceeds go to the Federated Mission Fund



In the case of inclement weather, the service will be at The Federated Church.

Seeds of Hope

There's still time to apply for a Seeds of Hope grant. For more information, visit our website at www.federatedff.org, under the Resources tab. If you know of a group that may qualify for this grant, please pass this information along! The application deadline is September 1, 2016.



DATES TO REMEMBER

Wednesday, August 17th

10AM—10:30PM Sr. High trip to ValleyFair Drivers needed

Thursday, August 25th

Concert in the Park
The Academy
(Tommy Bowman)
6:30PM

Sunday, August 28th

Worship in the Park 10AM—Worship 11AM—Coffee Hour

Sunday, September 11th

Rally Day! 10AM—Worship 11AM—Picnic Federated Church 224 N. Union Ave. Fergus Falls, MN 56537

ADDRESS SERVICE REQUESTED

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Worship Schedule

10:00am Worship 11:00am Coffee Hour

First Sundays of the Month

Communion served at each service.

Blood Pressure clinics held during the Fellowship hour by the Parish nurse.

Know your Neighbor Sunday Name tags distributed before each service.

First Sundays with Pastor Doug. From October to May, Join Pastor Doug the first Sunday of each month for an in depth look at some exciting and eclectic topics.

Ministry Nite

Committees meet the 2nd Tuesday of the month at 6:30pm.

Reminder: Committees do not meet in July

Other Meetings

Men's Bible Study meets every Monday at noon in the parlor. Resume in September.

Women's Bible Study meets every Thursday at 10:30am in the parlor. Resumes in September.

Deacons & Elders meet the third Thursday of the month at 6:30pm.

Stephen Ministry meets the first Tuesday of the month at 5:30pm.

Call the Church office if you have any questions! 218-739-3227



Growing together in God's love... From generation to generation.

Come as you are...
Visitors expected

The Federated Church is a joint ministry of The Presbyterian Church (USA) and The United Church of Christ



But now, this is what the LORD says-- he who created you, Jacob, he who formed you, Israel: "Do not fear, for I have redeemed you; I have summoned you by name; you are mine."

Isaiah 43:1

This summer I've learned a great deal about imaging. Together with the Visioning Team and a consulting group called "Coach My Brand" (Fargo, ND), we're developing a public image for The Federated Church. Well, actually, you all developed the image: we're just trying to put some words and a logo around who we are and what we do for God's Kingdom.

When I think of image, the words of God through the prophet Isaiah keep coming to mind: "I have summoned you by name; you are mine." The new logo and taglines we're developing are designed to help; to tell our neighbors and the world that we are created by God, we are called by God, and we belong to God.

One of the most common questions about this process is, "Why are we marketing ourselves?" I assure you, it's not just a ploy to drum up new members. Our new image will proudly announce our call from God, proclaim our identity in Christ, and assert our willingness to follow the Spirit into the world.

The rollout of the new Federated Church image will be on Rally Day, Sunday, September 11th. We're planning a special worship service and (as always!) there will be food after worship.

I'm truly excited about this next phase in our congregation's life and mission. Join us as we open ourselves to the future God plans for us.

Blessings on the rest of your summer! Pastor Doug

Confirmation

Parent/Student meeting - Wednesday, September 28, 2016 at 5:30 PM

Confirmation classes begin Wednesday, October 9th after school: 7th/8th grades (3:30-5:30 PM) and 9th grade (6:30-7:30 PM).

Confirmation Retreat will be at Clearwater Forest Camp (Deerwood, MN) on October 7-9, 2016.



Youth News



Karen Anderson, Director of Christian Education

On Thursday, June 30th, individuals from the youth group went to the Fergus Falls Community Garden for the morning. We had such a great time! We helped plant seeds and plants, weeded, and sorted new seedlings for future planters. Heather, the college student interning at the garden, invited us back anytime, and we hope to help harvest later this summer. I would encourage anyone who loves to garden, or who wants to learn some gardening skills or new techniques, to spend a morning out at the community garden—it is beautiful and rewarding!

The summer is going so fast — it's hard to believe that it is almost August at the writing of the newsletter! Our youth groups have a few more activities planned, and so I encourage you to view our youth group Facebook page or check with those of us in the office for current information! Enjoy these summer months—it will soon be time for school and fall activities!

Vacation Bible School

We just finished a GREAT week of Vacation Bible School! Scott, Crystal, and Aidan arrived from Clearwater Forest Bible Camp on Sunday, July 10th, and began Monday morning with an energetic and fun group of kids! We had people from Kids Club and Sunday School, grandchildren and neighbors of church members, and a lot of our older youth along for a memorable week! Some of the highlights included: using our NEW GYM, playing in the park, going to Prairie Wetlands



Learning Center with Molly Stoddard, and water balloon fun! We celebrated THREE kids' birthdays this week—Ben, Fiona, and Carson! The memory verse for the week was 2 Timothy 1:6-7 "For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. ⁷ For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline", and EVERYONE memorized it! We sang lots of songs, ate good food, and made wonderful memories. There were so many people who helped make this week go smoothly and successfully—we couldn't have done it without you! The best part was having so many of our middle school and high school students around to serve as helpers. Their presence makes such an impact on the younger kids—they truly "get" the idea of being part of a church family!

Vacation Bible School is a great example of the intergenerational nature of good ministry—we had members of all ages and stages participating throughout the week, and it was amazing to see all the relationships deepening and friendships growing! This is something that we at Federated Church are really good at doing—creating time and space for people of all ages to interact and get to know each other. We do that on a smaller scale each Wednesday during Kids Club! That is what being part of a church family means - caring for and really knowing one another. Thank you to everyone who helped make the week rich and meaningful! See the back of the calendar for some pictures from the week!

Sunday School

Sunday school curriculums have been purchased for the coming fall! We will be continuing the series that we began last year, using the "All-in-One Sunday School" books. We found that teachers and kids really enjoyed the change, and we hope to have another successful year!

Worship at The Federated Church

Sunday, August 7, 2016 "Come to Worship and Leave to Serve" Pastor Ed Morgan

Isaiah 6:1-8; John 3:1-17 Celebration of the Lord's Supper

Sunday, August 14, 2016 Hymn Sing Sunday!

10 AM Come prepared to sing your favorites!

Sunday, August 21, 2016 "Jesus Fruit" Pastor Doug Dent

10 AM Galatians 5:1, 13-25

Sunday, August 28, 2016 "Praying in the Park" Pastor Doug Dent

10 AM Genesis 1:29-31, Psalm 65

Worship in Roosevelt Park

Special Sundays!

10 AM

On the following Sundays, we will worship together at 10AM to celebrate a special event in the life of our faith family. Please mark your calendars—you won't want to miss this!

September 11th Rally Day Picnic following worship

October 23rd Dedication Sunday Meal following worship

November 13th Mission Dinner Meal following worship

December 18th Kids' Christmas Pageant Coffee Hour following worship

December 25th Christmas Sunday Coffee Hour following worship

January 22nd Annual Meeting Meal & meeting following worship

February 26th Confirmation Sunday Reception following worship

April 9th Palm Sunday Coffee Hour following worship

April 16th Easter Sunday Coffee Hour following worship

May 21st Ice cream social Sundaes following worship

Newsletter Deadline

Articles and announcements for the monthly newsletter are due on the 15th of each month. Please send them in electronic form (email) whenever possible. The church staff reserves the right to edit articles for content and space.

C | | | |

August Service Group Group #9

Dale and Carol Anderson

Mark and Lisa Becker

Grant and Mariah Davenport

Tim and Desta Hunt

Wayne and Patti Link

Chuck and Linda MacFarlane

Bill and Mary Ann Nead

Lynn Oxley

Mae Reich

Ben and Tessa Schierer

Jo Schmidt

David and Molly Stoddard

Beth Strom

Matyas Sundheim

Gail Welle

Jim and Arlene Worner

September Service Group Group #10

Doris Enderson Joel Enderson

Gail Green

Terry and Cheryl Harrington

Gerri Hilden

Jim and Janet Knapp

David and Mary Lundeen

Millie Pearson

Paul and Bev Richter

Mark and Sheila Rodning

Heather Rundquist

Wade Ugstad

Randy and Marian Wasvick Perry and Peg Werner

Linda Wolfe

Greeters and Coffee Hosts

August 2016

Sunday, August 7th

10AM-Jim & Arlene Worner and

Grant & Mariah Davenport

Sunday, August 14th

10AM—Tim & Desta Hunt and

Chuck & Linda MacFarlane

Sunday, August 21st

10AM — Mark & Lisa Becker and Gail Welle

Sunday, August 28th

10AM— The Mission Committee



**Reminder, you are also the coffee hosts for that Sunday. If you are unable to do it the Sunday you are assigned, it is YOUR responsibility to find a replacement. Check your email for information on greeter and coffee host duties. Please add church@federatedff.org to your safe senders list. If you don't use email, please check the bulletin board in the narthex for the information.

Condolences to...

U The family and friends of Hal Collins.

U The family and friends of Ole Ugstad.

U Paul Eckhoff and family on the death of his mother.

U Nancy Malchert on the death of her sister.

U The family of Helen Whipple.

UThe family and friends of Victor Facio.

ULouEtta Savoy on the death of her sister, Jeanette.

"I am the resurrection and the life," says the Lord. "The one who believes in me will live, even though they die; and everyone who lives and believes in me shall never die." John 11:25-26

Thank You to:

To all those who helped around the office during Elizabeth's vacation. Thank you!!

August Birthdays

08/01 Rosemary Rundquist

08/03 Phyllis Behrends

08/03 Joel Dulski

08/05 Barb Meder

08/05 Ashley Lien

o8/o8 Jerry Hendel

08/09 Vern Youngren

08/10 Laurie Hansen

08/11 William Kalar

08/12 Alfred Anderson

08/12 Mary Pauline Haukos

08/12 Roger Nelson

08/12 Clayton Skretvedt

08/12 Bonnie Gondrez 08/12 Gail Childs

08/12 Mallory Skogen

08/12 Tayler Thompson-Eckhoff

08/13 Joan Ebbighausen

08/13 Mark Murphy

08/13 Emma Runningen

08/13 Michael Styve

o8/14 Kim Dean

08/15 Kyle Garrahan 08/16 Virginia Adams

08/16 Rachel Westra

08/17 Kathy Gilbert

08/18 Amanda Bopp

08/18 Alexis Griego

08/20 Tyson Sperling 08/20 Paul Shol

08/20 Darren Smith 08/22 Benjamin Kugler 08/23 Beverly Richter

08/23 Jane Nelson

08/26 Jen Jensen

08/26 Austin Barry

08/27 Lynn Oxley 08/27 Xyola Macheel

08/27 Easton Eckhoff

o8/28 Lisa Shol

08/28 Connor Youngren

08/29 Connie Seltz 08/29 Tessa Schierer

08/30 Renee Larsen o8/30 Kelsey Nygaard

08/31 Emma Barry

We apologize if we missed your birthday! Please email your birthday information to church@federatedff.org!

Ministry Nite!

August 9th is Ministry Nite. Committees meet at 6:30PM in the fellowship hall. Please email your minutes to church@federatedff.org. If you are unable to attend, contact your chairperson. If your committee does not make a quorum, please schedule a time for your committee to meet before the next Ministry Nite.



First Sundays

'First Sundays' is a monthly forum for biblical and topical studies led by Pastor Doug Dent. We begin with a light lunch after worship (Noon) followed by the study. All are welcome!

October 2nd Meet Martin Luther

November 6th Making End of Life Decisions

December 4th The Gift of Friendship

January 8th Books that Didn't Make the Bible (and Why?)

February 7th Books Between the Testaments

March 7th Compassion as Spiritual Discipline

April 2nd Class Warfare in the Bible

May 7th The Tomb of Jesus

Adult Bible Study

Sunday mornings @ 10AM

For most of us, Confirmation was a long, long, long, long time ago. Perhaps we've forgotten some of what we learned. Perhaps we didn't pay all that much attention the first time around... Well, beginning September 18th join Pastor Doug for a Confirmation refresher course with an informal discussion about important aspects of our faith and witness.

Advent Study (Nov. 20th – Dec. 11th) we'll take four weeks out of our Confirmation study to consider the four "buzz words" of Advent: Hope, Peace, Joy and Love.

Fellowship Committee

The Fellowship Committee would like to invite members and friends of the church to join us for another Concert in the Park on **August 25th**. The Academy (including Tommy Bowman!) will be playing that evening. We plan to meet at 6:15 at Roosevelt Park lawn across from Kennedy Secondary School. For more information go to the Fergus Falls Center for the Arts web page (www.fergusarts.org).

Grocery Receipts Ruth Aulds

The totals as of July 1st: **Service Foods** - \$4,581.93 **SunMart** - \$1,402.97 Total to date: \$56,211.26



Stewardship Report General Fund Report—as of June 2016 Revenue— \$36,567.44 Expenditures— \$46,313.01 Year to Date Pledge Offering Budgeted — \$209,956 Actual received— \$178,392

Thank you for your continued generosity with the Local Mission Fund! There is much need in our community. Funds go out as soon as they come in! Donations can be put in the offering plate with Local Mission Fund in the memo line or dropped off in the church office.

Local Mission Fund Report

June 4 families or individuals helped with \$442.08 towards food, rent or utilities July 26th
7 families or
Individuals helped
with \$400
towards food, rent
or utilities

THINGS TO KNOW FROM THE DCO—Rev. Dr. C. Edward Morgan, DCO

Discovering Our Future Continues. We have a team in place around each of our priorities.

Our teams are:

Inspiring and Dynamic Worship Team Cross-Generational Learning and Fellowship Team Community Engagement Team Campus Enhancement Team

We will soon have vision and mission statements along with a logo that will enable us to communicate who we are and what we are called to do with our church family and in our community. So, our work has picked up even during the slower times of summer. We look forward to sharing much more on Rally Day, September 11.

You have probably noticed that a lot of work has been done to enhance and upgrade our church home. As you approach the church, you will notice a new surface and striping on the parking lot. Also, we have installed new handicapped accessible curbs which will make it easier for anyone with special needs.

We have done work to enhance the security of the church. We installed new outdoor security lights between the church and Goodyear. We also installed a new security system which is electronically monitored. Any attempted break-ins will be reported to the police as they happen. Elizabeth or any volunteer in the church office will have a personal "panic button" to be used during any threatening situations. Because of the new system, anyone who has a key to the church must contact the office for a code and instructions about arming and disarming the system.

We have accomplished all of this work through the partnership of many people in our congregation. I am thankful for your sharing of your time and talents as we do the work Christ calls us to do in and through Federated Church.

Thank you for your partnership in ministry, Pastor Ed

Here are the members of the Discovering Our Future Priority Teams:

Inspiring and Dynamic Worship: Jim Worner, Elizabeth Hatling, Cindy Holte, Terri Skretvedt, Pam Phillips, Staff - Rev. Doug Dent

Multigenerational Learning and Fellowship: Renee Larsen, Karen Bush, Carolyn Anderson, Lu Echelberger, Patty Shol, Terry Harrington, Staff – Rev. Karen Dent, DCE.

Community Engagement: Stephanie Hoff, Jean Bowman, Ben Schierer, Jess Steinbrenner, Staff – Rev. Ed Morgan, DCO

Campus Enhancement: Nathan Hoff, Donna Hendel, Linda MacFarlane, Skip Zielin, Bill Nead, Staff - Rev. Ed Morgan, DCO

Please pray for all of our team members as we live into the future God has for The Federated Church.

Caring Ministry & Outreach - Connie Seltz

Outreach is happening. An ad hoc committee has been working to connect with members whom we have not seen in a few months. The contacts have been well received and information gained has been helpful and mostly positive. The committee is planning to make more contacts. Thank you to all who are making the calls and all who are responding to them!

Birthdays

We are looking to update our database with birthdates of members of The Federated Church. Please call or email the church office with the birthdates of you and your family members. Thank you for your help in this!!



Parish Nursing Notes - Connie Seltz, Parish Nurse Coordinator

By the time you read this, we will have hosted a Lifeline Screening event on July 22nd. Thanks to all who participated and to all who did the hard work of setting up the Fellowship Room and repositioning all the tables after the event.



Celebrating Eunice MacFarlane's 75th Birthday at Tuesday morning coffee

All ladies are invited to coffee hour Tuesdays at 10AM in The Fellowship Hall! Come for coffee, treats, and conversation.

FEDERATED CHURCH SOFTBALL

Come cheer on our team!

Double-Header Every Monday in Jul First Pitch is at 7:00PM

Where: DeLagoon Softball Comple

Aug 1: Week 1 - Playoffs



Parish Nursing Notes - Connie Seltz, Parish Nurse Coordinator

The following is an article from the August newsletter from Fergus Falls Chiropractic. Dr. Jill Iverson asked if I would include it in our August newsletter, as well.

Backpacks

It is back to school time and with that brings stress on the spines of kids from overweight backpacks. Too much weight will cause the spine to compress and lean over its natural center of gravity, causing stress and pain to the neck and lower back.

There are a few simple tips to help prevent backpack injuries:

- 1. Wear both shoulder straps evenly to properly distribute backpack weight.
- 2. Get the correct size backpack for your child. Do not pack too much weight.

Follow the guidelines set by the American Chiropractic Association, American Physical Therapy Association, and American Academy of Orthopedic Surgeons:

Weight of Child in pounds		Maximum Backpack Weight
60	5	
60-75	10	
75-100	15	
100-125	18	
125-150	20	
150-200	25	

- 1. The backpack should not extend below the lower back.
- 2. Lighten the load and put the heaviest items in first, keeping them close to the body.
- 3. Lift the backpack with your legs and place it on one shoulder strap at a time.
- 4. Choose a quality backpack that has wide well-cushioned shoulder straps with a lumbar support/padding.
- 5. Do not leave backpacks on the floor where they can become a tripping hazard.

If your child is experiencing any discomfort remember that they too can get adjusted. Babies and children respond very well to chiropractic care throughout life to help alleviate biomechanical issues and to encourage proper posture as their spines are growing.

As always, please do not hesitate to call or email with any questions.

Enjoy the school year!

Dr Jill Iverson Fergus Falls Chiropractic