

The Union Avenue News

www.federatedff.org

church@federatedff.org

September 2015

Red Cross Citizen's CPR and AED Review

The Federated Church will be hosting a Red Cross Citizen's CPR and AED review class on Tuesday, Sept. 8th at 5:30PM. All are invited to attend this free class! Citizen's CPR is a modified emergency measure that teaches an effective method of doing chest compressions only. Please come and be an informed citizen.



Rally Day Celebration

Rally Day is September 13! Come celebrate the beginning of a new Sunday School year. Worship is at 10AM, with a picnic and carnival at 11AM.

New Pictorial Directory Coming Soon!

The church will be updating its pictorial directory this fall. Lifetouch will be taking Studio Quality Portraiture. All families and individuals are encouraged to participate and will receive a free 8x10 with their session. Sign-ups will begin in September. Please be on the look-out for more information!

DATES TO REMEMBER

Monday, Aug. 31

Sign-up for pictorial directory photo sessions begins

Monday, Sept. 7

Labor Day—church office closed

Tuesday, Sept. 8

Red Cross Citizen's CPR and AED Review
5:30—6:30 PM @ The Federated Church

Sunday, Sept. 13

Rally Day
Worship—10AM
Picnic & carnival—11AM

Monday, Sept. 14

Men's Bible Study begins
Noon

Thursday, Sept. 17

Women's Bible Study begins
10:30AM

Sunday, Sept. 20

Fall worship schedule begins
Contemporary worship—9AM
Traditional worship—11AM
First day of Sunday School—9:45AM
House of Hope meeting—Noon

Wednesday, Sept. 23

Kids Club begins—3:30PM
Sr. High Youth Group begins—7:30PM

Sunday, Sept. 27

Confirmation Parent/Student meeting
Noon

Friday/Saturday, Oct. 2–3

7th–9th grade Confirmation Lock-In
7PM—10AM

Federated Church
224 N. Union Ave.
Fergus Falls, MN 56537

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Time Sensitive
Information
Please deliver by
August 31st

Summer Worship Schedule

10:00am Worship
11:00am Coffee Hour

Worship Schedule starting Sept. 20th

9:00am Contemporary Worship
9:45am Education Hour
10:00am Coffee Hour
11:00am Traditional Worship

First Sundays of the Month

Communion served at each service.

Blood Pressure clinics held during the Fellowship hour by the Parish nurse.

Know your Neighbor Sunday Name tags distributed before each service.

First Sundays with Pastor Doug. From October to May, Join Pastor Doug the first Sunday of each month for an in depth look at some exciting and eclectic topics.

Ministry Nite

Committees meet the 2nd Tuesday of the month at 6:30pm.

Reminder: Committees do not meet in July

Other Meetings

Men's Bible Study meets every Monday at noon in the parlor (resumes in September)

Women's Bible Study meets every Thursday at 10:30am in the parlor (resumes in September)

Deacons & Elders meet the third Thursday of the month at 6:30pm.

Stephen Ministry meets the first Tuesday of the month at 5:30pm.

Call the Church office if you
have any questions!
218-739-3227



Growing together in God's love...
From generation to generation.

Come as you are...
Visitors expected

The Federated Church is
a joint ministry of
The Presbyterian Church (USA) and
The United Church of Christ



The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding.
Proverbs 9:10

I just got back from summer school. Yup! Summer school. I started my doctoral studies at the end of July. I have a newly minted Luther Seminary identification card. I had a crash course in technology to access library books online. I have a new laptop and school bag to write my paper on and carry my books in.

The first course – Integration of Theology and Ministry – was all about understanding our ministry in our local context. That is, how and why do we do ministry in Fergus Falls, MN? The professor, Dwight Zscheile, is one of the leading experts on the “missional church,” a movement that seeks to draw the church back to its 1st century practices and make it more effective within its local environment. Dr. Zscheile’s overriding question is this: “What is God already doing in your neighborhood, and how can you be a part of it?”

This then, is what I will be studying and reading about and writing about for the next four to five years. Where is God at work in Fergus Falls? And how can The Federated Church be a part of what God is already doing in our neighborhood?

As we answer these questions, we will be forced to look beyond our walls, engage more deeply in our community, and possibly change some of the ways we do ministry. I learned that this is called “adaptive change.” Adaptive change is change for which there is no ready answer. Adaptive change requires new thinking, new practices, and new openness to the leading of God’s Holy Spirit. It can be scary and challenging. It may move us to unfamiliar and unfriendly places. But adaptive change is also transformational: it is lasting change that leads to growth and breadth and depth and height.

Adaptive change is God’s kind of change. It moves people from slavery to freedom. It redeems people. It feeds people. It raises people from the dead. This is the kind of powerful change we need to tap into; the kind of change God offers us in Christ through the Spirit.

I’m excited about this course of study! I’m especially excited about the way it may transform us as a congregation and move us forward into God’s future.

With your prayers and your participation, I know we can do great things with God in Fergus Falls.
Blessings,
Pastor Doug

Please update your church directory!

Louetta Hanneman-Savoy’s new address is:

222 N. Whitford St., #406, Fergus Falls, MN 56537. Her phone number is 998-3724. Thank you!



K-12 Youth

Karen Anderson, Interim Director of Christian Education

"My son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart, for they are life to those who find them and health to a man's whole body"

Proverbs 4:20-22.

These words, from King Solomon's proverbs, speak to the importance of educating our children and ourselves in the wisdom of the Lord. Christian Education is no small thing, and it isn't for children alone. It is as children that we can begin making God's Word a part of our daily life, but hopefully that is a practice that can continue as we get older and need God's peace even more! Pray for our Christian education efforts for children as well as adults and if you can, find ways to be a part of learning more about God this fall! God welcomes us all to know and love God better! And the blessing of keeping God's word close to your heart is the peace that God brings us—in good times as well as tough times. When we make room for God in our daily life, we will naturally turn to God in our joys and trials.

Youth Upcoming Events

Sept. 13th—Rally Day (10AM Worship; 11AM picnic and carnival)

Sept. 20th—First day of Sunday School (9:45AM)

Sept. 23rd—Kids Club (3:30PM) and Sr. High Youth Group (7:30PM) begins

Sept. 27th—Confirmation Parent/Student meeting (Noon in the choir room)

Oct. 2nd –3rd—Confirmation Lock-in (7th—9th graders; 7PM—10AM)

Oct. 7th—Confirmation classes begin (3:30PM)



Sr. High Youth Group

Regular Wednesday Sr. High Youth Group begins on September 23rd, at 7PM. This fall we are planning to look at different faith stories of Christian music artists, actors, and other famous people and discuss them—along with games, food, and fun. Service projects and a youth group lock-in are being planned, with dates to follow!

CONFIRMATION

Parent/Student meeting on Sunday, September 27th at noon (after worship) in the choir room.

Confirmation Lock-in: Friday-Saturday, October 2-3, 2015 at The Federated Church (7PM-10AM). Youth in 7th-9th grades are invited to join us for a pre-class party, complete with snacks, games, a visit to Union Avenue Pizza (bring \$5), and pancakes!

Confirmation classes begin Wednesday, October 7th! Hope to see you there. Come right from school, have a snack and some game time before class begins. Together we'll explore our part in God's great plan for the world.



Kids Club

Kid's Club begins on Sept. 23rd at 3:30PM. Our theme for fall, "Very Big Mistakes" looks at people in the Bible who made mistakes and how God responded to them. Some of the people include: Adam and Eve, Cain, Pharaoh, Elijah, Paul, and the disciples. Plan to spend time in fellowship learning the stories, new songs, crafts and games. We are assembling our leadership team now and hope to have a fun-filled first session! We will have the usual bus transport after school beginning on Sept. 23rd. Dinner will follow each session unless otherwise noted! If you have any questions or if you are interested in being a part of the leadership team, please contact Karen or Jordan in the office!



Sunday School and Nursery

We are excited to have a great team of Sunday School teachers for the fall! Jona Brown and Madalyn Dent will be teaching the K-1 class, Abby MacFarlane and Paige Westra are taking on the 2nd -4th graders, and Karen Bush will be back teaching the 5th-6th grade class. We have a music team to teach our kids some new songs and a brand new curriculum to try! Sunday School classes begin on Sept. 20th, one week after the Sept. 13th Rally Day. We look forward to seeing you all back again!

As of the writing of this newsletter, we are still working to find a committed person or team of persons to teach in our nursery, and we are in the process of assembling a nursery care team for worship times. Despite long-term postings of the nursery position, we have been unable to find someone interested in this part-time work. The Christian Education committee has been challenged to find a more permanent arrangement for this critical area of our church's ministry. If you feel particularly called to serve in any of the above opportunities, please contact Karen at the church office!

Softball Update

The softball playoffs on Monday night, Aug. 3rd, ended The Federated Church's 2015 season. We had several players missing and had to play short-handed, but we were almost able to defeat the tough Trinity team. Game one with Trinity was a close one, 14 to 18. During Game two, with Good Shepherd, we were defeated 6 to 20. Monday night, there were just three teams remaining: Dalton, Trinity, and Cornerstone. Dalton defeated Trinity and in a second game, Cornerstone defeated Dalton. Our team would like to thank The Federated Church for their support. We would like to thank Patty Shol for organizing the pancake fundraiser and the Men's Club for their continued financial support. 2015 Team Members: Coach Mark Anderson, Dan Anderson, Kole Nygaard, Josh Whipple, Kelsey Heck, Grant Davenport, Luke Heck, Jake Gustafson, Janie Lee, Dennis Bowman, Tommy Bowman, Zane Stratton, Paul Shol, Zach Lewis, and third base coach Mike Shol.



Men's Bible Study

Men's Bible Study meets on Mondays at noon for one hour. All the men of the congregation are invited.

Our first study will be *WWII: D-Day and the Providence of God*. This seven session, DVD based series will provide a thoroughly Christian overview of the men and the movements that led to D-Day, the commanders and soldiers who engaged in battle there, as well as the results of the invasion.

Sept. 14th	Episode 1: The Theological Significance of the Second World War
Sept. 21st	Discussion of Episode 1
Sept. 28th	Episode 2: The Strategic Overview
Oct. 5th	Discussion of Episode 2
Oct. 12th	Episode 3: The Theology of Leadership on D-Day
Oct. 19th	Discussion of Episode 3
Oct. 26th	Episode 4: Deception, Intelligence, and Spying for D-Day
Nov. 2nd	Discussion of Episode 4
Nov. 9th	Episode 5: The Decision to God
Nov. 16th	Discussion of Episode 5
Nov. 23rd	Episode 6: The Men of D-Day and the Meaning of Manhood
Nov. 30th	Discussion of Episode 6
Dec. 7th	Episode 7: The Aftermath
Dec. 14th	Discussion of Episode 7
Dec. 21st	No Men's Bible Study
Dec. 28th	No Men's Bible Study



Women's Bible Study

Women's Bible Study begins Thursday, September 17th at 10:30 AM in the church parlor. Our first topic will be "One For All: Experiencing the Exclusive Claim of Christ." This study is open to all the women of our congregation and community.

First Sundays

'First Sundays' is a monthly forum for biblical and topical studies led by Pastor Doug Dent. We begin with a light lunch after worship (Noon) followed by the study. All are welcome!

Oct. 5th	Seasons of the Church Year
Nov. 1st	What Do Jehovah's Witnesses Believe?
Dec. 6th	Serve, Not Rule: What is our role as human beings regarding nature?
Jan. 3rd	Meet George Washington: a look at the faith of our first President
Feb. 7th	Meet Abraham Lincoln: a look at our greatest President's faith
Mar. 6th	Does God Demand Blood?
Apr. 3rd	Listening for God's Call
May 1st	Pentecost

September Service Group Group #8

Virginia Adams
Carolyn Anderson
Ruth Aulds
Brent and Tara Barry
Karen Bush
Cy Grover
Terry and Jeanette Haas
Kurt and Sonja Johnson
Brad and Barb Meder
Marcus and Rebekah Meder
Pam Phillips
Wayne and Gloria Ronning
Ted and Lois Rotenberger
Jon and Jessica Steinbrenner
Evan and Tanya Westra

October Service Group Group #9

Dale Anderson
Mark and Lisa Becker
Grant and Mariah Davenport
Tim and Desta Hunt
Wayne and Patti Link
Chuck and Linda MacFarlane
Lynn Oxley
Mae Reich
Ben and Tessa Schierer
Jo Schmidt
David and Molly Stoddard
Beth Strom
Matyas Sundheim
Gail Welle
Jim and Arlene Worner

Greeters and Coffee Hosts

September 2015

Sunday, September 6

10AM— Terry and Jeanette Haas & Ruth Aulds

Sunday, September 13 (Rally Day)

10AM— Jon and Jessica Steinbrenner

Sunday, September 20

9AM— Carolyn Anderson and Pam Phillips

11AM— Evan and Tanya Westra

Sunday, September 27

9AM— Kurt and Sonja Johnson

11AM— Marcus and Rebekah Meder



SERVICE

****Reminder, you are also the coffee hosts for that Sunday. If you are unable to do it the Sunday you are assigned, it is YOUR responsibility to find a replacement. Check your email for information on greeter and coffee host duties. Please add church@federatedff.org to your safe senders list. If you don't use email, please check the bulletin board in the narthex for the information.**

Our Condolences to...

† Marianne Stone on the loss of her father.

Thank you to...

- ✧ Jordan Schiefert, Abby MacFarlane, and Paige Westra who painted the youth room. It looks great!
- ✧ All our musicians for a great summer concert series.

Thank you from the Solins:

Matt and I are very grateful for the generous donations from everyone at The Federated Church. It helped us immensely to finish paying for Jim's funeral. It has made an unbearable situation tolerable, because it reduced the financial stress and uncertainty of the bill hanging over our heads. Also, your wonderful generosity is helping us purchase a stone for Jim's gravesite. The Federated Church has been so good to us and we are very thankful for all your love and support. Much love, Donna and Matt Solin

September Birthdays



Lucinda Dix Echelberger 09/04
Gene Porter 09/05
Teri Nygaard 09/05
Doug Sperling 09/05
Alex Jensen 09/05
Wade Ugstad 09/06
Lucille Sheldon 09/07
Mark Becker 09/07
Erika Marriotti 09/08
Iona Saunders 09/08
James Underdahl 09/10
Janice Borowski 09/12
Jessica Verhelst 09/12

Dorothy Sperling 09/13
Makiya Cavalier 09/13
Nicole Verhelst 09/14
Troy Anderson 09/14
Erin Smith 09/14
Max Wolfe 09/14
Peg Kalar 09/16
Chad Nelson 09/17
Lizzy Link 09/18
Amy Underdahl 09/18
Bill Ressler 09/19
Paige Undseth 09/19
Leo Schierer 09/19

Donna Ohe 09/20
Eleanor Carlisle 09/20
Ruth Aulds 09/23
Russell Larsen 09/23
Gail Green 09/24
Wesley Beske 09/25
Jean Bowman 09/25
Hal Collins 09/26
Amanda Mandelke 09/26
Tim Hunt 09/27
Christopher Anderson 09/28
Carolyn Anderson 09/29
Ben Schierer 09/30

We apologize if we missed your birthday! Please email your birthday information to church@federatedff.org!

Ministry Nite!

September 8th is Ministry Nite. Committees meet at 6:30PM in the fellowship hall. Please email your minutes to church@federatedff.org. If you are unable to attend, contact your chairperson. If your committee does not make a quorum, please schedule a time for your committee to meet before the next Ministry Nite.



Consecration Sunday is October 25, 2015

To “consecrate” something means to declare it sacred or holy. It can also mean to set something aside for a special purpose. Last year, our stewardship campaign was about consecrating our lives and our resources to the service of God. This year, we are setting aside Sunday, October 25, 2015, as the day to rededicate ourselves to God’s holy calling.

We will have one worship service that morning (10AM), followed by a congregational brunch (11AM). Reverend Dr. Ed Morgan will be our guest preacher that day; he will speak to us about being good and faithful stewards in God’s kingdom.

This is a different kind of stewardship campaign, designed to foster discipleship, not just reach a financial goal. We will not be sending you a pledge card; instead we will provide an Estimate of Giving card at the brunch on October 25th. We will be asking each household to make a pledge as a sign of their renewed commitment to God’s missions and ministries at The Federated Church.



Your participation is critical. We pray that you will join us on October 25th as we celebrate our past and commend ourselves to God’s future.

Stephen Ministry

Our congregation is blessed with a very committed team of Stephen Ministers who are having a tremendous impact on people’s lives. We are looking to grow this ministry and hope that you are ready to explore this opportunity to serve others.

The next Stephen Ministry training course begins October 5, 2015 and runs through early March. The class will meet weekly on Monday evenings (6:30-9PM) at Calvary Free Lutheran Church.

For more information or to ask questions, please contact Stephen Leaders: Pastor Doug Dent, Char Zielin, Rebecca Jorgenson, or contact the church office (739-3227).

The Stephen Ministry Fall Gathering will be on Thursday, September 17, 2015 (6PM) at Our Lady of Victory Catholic Church in Fergus Falls, MN. If you would like to attend, please RSVP to Char Zielin.

We are in the early stages of planning our next mission trip to the House of Hope in Zacapa, Guatemala, February 13-20, 2016. Trip cost is approximately \$1,600. Wherever you may be in the process, please look to the Holy Spirit for direction. If you would like to join us, spend time with some great kids, share God’s word, and work for God’s kingdom in Guatemala, talk to Mike or Michelle Loomer or to Pastor Doug. **Interested? Join us on Sunday, September 20, 2015 at noon in the parlor for an organizational and informational meeting.**



HOUSES OF HOPE
INTERNATIONAL

Stewardship Report

General Fund Report—as of August 19, 2015

Revenue— \$237,559
Expenditures— \$216,435
Year to Date Pledge Offering
Budgeted — \$196,610
Actual received— \$181,725



Thank you for your continued generosity with the Local Mission Fund!

There is much need in our community. Funds go out as soon as they come in! Donations can be put in the offering plate with *Local Mission Fund* in the memo line or dropped off in the church office.

Local Mission Fund Report

July	As of August 22nd
2 families or individuals helped with \$100 towards food, rent or utilities	1 family or individual helped with \$100 towards food, rent or utilities

Worship at The Federated Church

Sunday, September 6, 2015 – Labor Day weekend

10AM

“Quid Pro... No!”

Pastor Doug Dent

Sacrament of The Lord’s Supper

Sunday, September 13, 2015 – Rally Day

10AM

“Prodigious Children of God”

Pastor Doug Dent

4th Grade Bibles

Carnival and Picnic following worship

Sunday, September 20, 2015

9AM & 11AM

“Hot Mic!”

Pastor Doug Dent

Sacrament of Baptism: Paul Joseph Undseth

Sunday, September 27, 2015

9AM & 11AM

“Free From the Money Trap”

Pastor Doug Dent

Sunday, October 4, 2015 – World Communion Sunday

9AM & 11AM

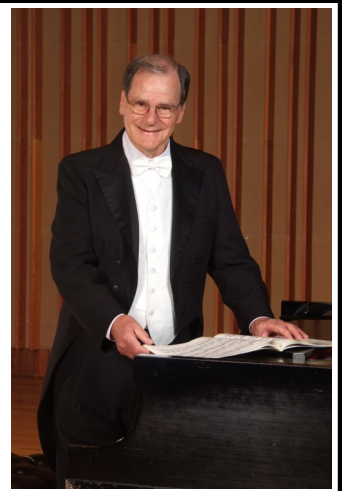
“Free to Be Rich”

Pastor Doug Dent

Sacrament of The Lord’s Supper & Home Communion

Piano Concert at The Federated Church

John McKay, professor emeritus of music at Gustavus Adolphus College, will present a piano program of Bach, Beethoven, Brahms, and Debussy at The Federated Church on **Sunday, October 18, 2015 at 2PM**. This concert is free and open to the public. Dr. McKay is graciously donating all proceeds from a free will offering to The Federated Church’s ‘Box of Blessings’ initiative which provides compassionate care kits to patients at the Lake Region Cancer and Research Center in Fergus Falls, MN. Join us for an afternoon of marvelous music. Bring a friend!



Newsletter Deadline

Articles and announcements for the monthly newsletter are due on the 15th of each month. Please send them in electronic form (email) whenever possible. The church staff reserves the right to edit articles for content and space.

Parish Nursing Notes

Connie Seltz, Parish Nurse Coordinator

I am loving the cooler days, but more than that I am loving the thought of adding soups to my “cooking” routine. Here’s a recipe to warm you on a cool fall or cold winter day. Enjoy and stay healthy!

Beef Barley Soup

Yield: Serves 8

Ingredients

2 pounds stew meat (nicely marbled beef chunks)
salt and pepper
2 tablespoons oil
8 cups beef broth
2 cups water
3 stalks celery (about 2 cups), chopped
2 onions, chopped
5 cloves garlic, minced
1 15oz can diced tomatoes, including liquid
1 large potato, peeled and diced, about 2 cups
3-4 large carrots, peeled and cut into half-moons, about 2 cups
1 cup barley, rinsed



Instructions

1. Generously salt and pepper the beef. In a large stockpot, heat the oil over medium-high heat.
2. When it is very hot, add about 1/3 of the meat. Brown for 1-2 minutes, then turn to brown the other side. Remove to a plate when it is browned on all sides.
3. Repeat with remaining meat in 2 more batches. (If you add it all at once it will steam the meat instead of browning it -not what you want.)
4. When all the meat is browned, add all the meat back to the pot with beef broth and water.
5. Add the chopped celery, onions, garlic and diced tomatoes. Bring to a boil, then turn the heat to medium-low. Simmer for about 2 hours with the lid on.
6. When the meat is tender and you can break it apart easily with a wooden spoon, add the potato and carrots. Bring to a boil, then continue to simmer on low for another 30-45 minutes, or until the carrots are tender.
7. Add 1 cup of barley. Bring to a boil, then reduce to low. Cook for another half hour, or until barley is tender.

Slow cooker instructions:

1. In a large pan, brown the meat according to the instructions. Remove the browned meat to a large crockpot.
2. Add 2 cups of the water to the pan and bring to a boil. Stir up all the browned bits. Add this and the 8 cups of broth to the crock pot.
3. Add the celery, onions, garlic, and diced tomatoes to the slow cooker and stir.
4. Cook on low for about 6 hours. Add the potatoes and carrots and cook for another hour.
5. Add the barley and simmer for another hour or so, until it is tender.

Notes:

The simmer times on this soup are pretty rough. All morning won't hurt it a bit. The best kind for a fall day.

If your meat is not marbled well, you might want to add a bit of worcestershire sauce towards the end, to boost the flavor.

If your soup has boiled down to become more stew-like, simply add more water and beef base.

Feel free to add fresh, chopped herbs at the end of cooking. Parsley or thyme are my suggestions.

Leftovers will last in the fridge about 5 days, or can be frozen for 6 months.